



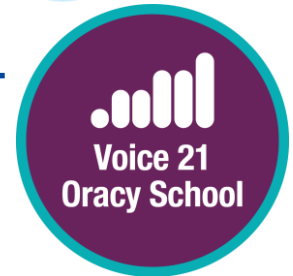
World Class School

WESTBOURNE PRIMARY SCHOOL NEWSLETTER



We're on Instagram @westbourne.primary

13th March 2026

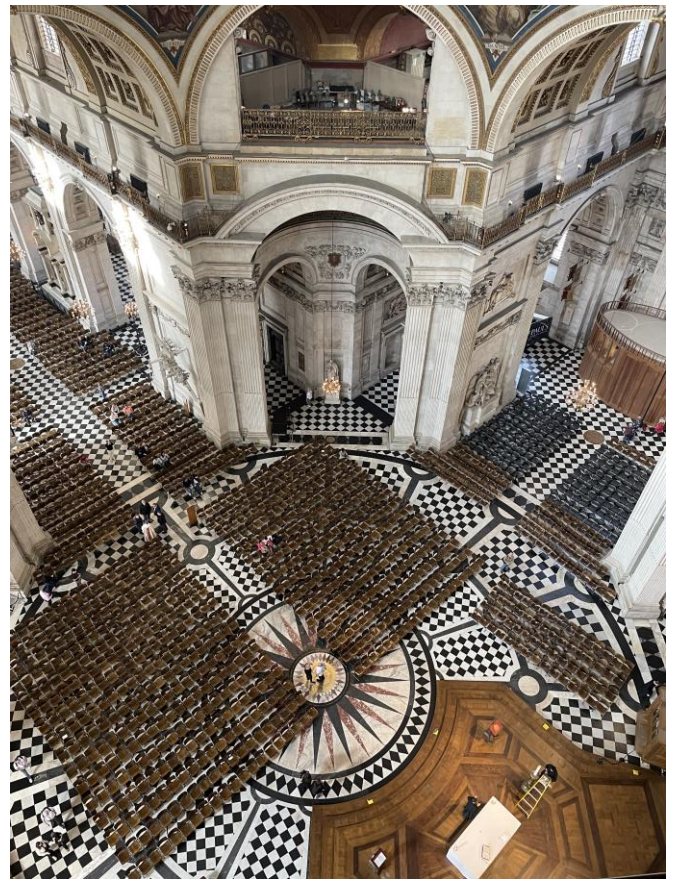


Y2s Visit to St Paul's Cathedral

To complement our history topic on *The Great Fire of London*, Year 2 visited St Paul's Cathedral this week. During the visit, the children admired the impressive and ornate architecture while learning about the cathedral's history. They discovered why the architect, Christopher Wren, chose to rebuild the cathedral in stone - following the events of 1666.

The pupils also rose to the challenge of climbing the many steps to the Stone Gallery. Their efforts were rewarded with spectacular views across the London skyline.

It was a valuable opportunity for the children to deepen their understanding of *The Great Fire of London* while experiencing one of the city's most iconic landmarks first-hand.





Creating a Culture of Attendance

BELONGING: 'ONE BIG FAMILY'

We would like to share our successful efforts in driving attendance to pre-pandemic levels, building on our school vision, mission and values, as well as sharing practical strategies to remove barriers.

London RISE Open Education Fortnight

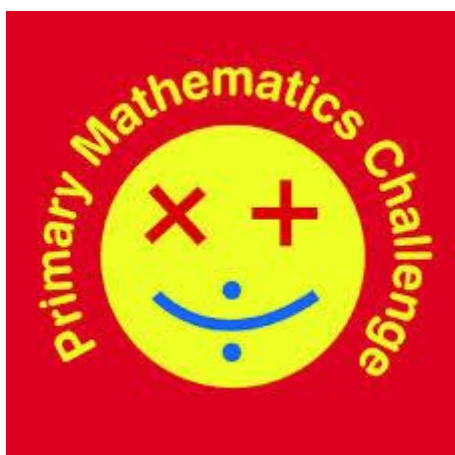
After having been selected to be part of *London RISE* (Regional Improvement for Standards and Excellence) *Open Education Fortnight 2026*, we hosted our first event on Tuesday 10th March.

Our workshops focused on: *Creating a Culture of Attendance*. Ten senior leaders from local school attended the session – a great way to collaborate to ensure all children are in school every day!

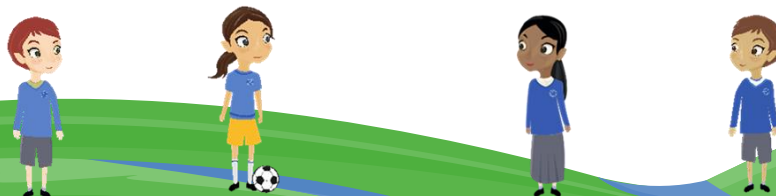
Parent/Teacher Consultation

We will be running YR (Reception) - Y6 (Nursery will have a different arrangement) Parent/Teacher consultation meetings **onsite** on Wednesday 25th and Thursday 26th March 2025 at 3:40 - 6:20pm (Mersey Class: same days with slightly different dates/times). We will continue to use our Parents Evening Booking System, which went *live on Tuesday 10th March at 8:30pm* – and will close on Tuesday 17th March at 9am. Please ensure you **book your slot** so that you can have an opportunity to discuss your child's progress so far this year, as well as a chance to peruse your child's work in books.

Primary Maths Challenge - Finals



So... the news is in! The children who earned places in the international Primary Maths Challenge Finals did extremely well and have made Westbourne exceedingly proud of their mathematical prowess. We have some rather outstanding results... 4 children gained a Bronze Award, 11 more children gained a Silver Award and a further 6 children gained a Gold Award! As you can see, being a PMC Finalist puts these children firmly in the top 5% of mathematicians at Primary level- what stars! Well done to all of our outstanding mathematicians...we can see a 'number' of good things in your futures!



Year 6 Quick sticks Hockey

On Wednesday, the Year 6 Hockey Team took part in a hockey festival at Nonsuch High School. They had a super day out which started with a skills circuit to develop their dribbling, tackling and shooting and finished with a round robin tournament. During the tournament, the children were excellent and over the course of 7 games they did not concede a single goal, winning 6 of their matches: incredible! They showed super sportsmanship and the right level of aggression, tenacity and competitive spirit to do Westbourne and themselves proud! Well done to the entire team for representing the school so well and so triumphantly!

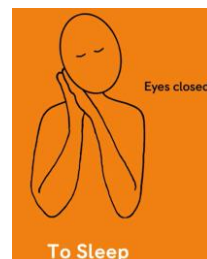
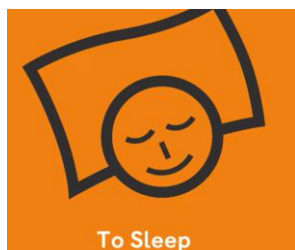
Team: Isabel, Nivethika, Bethany, Emir, Emmanuel, Raiden



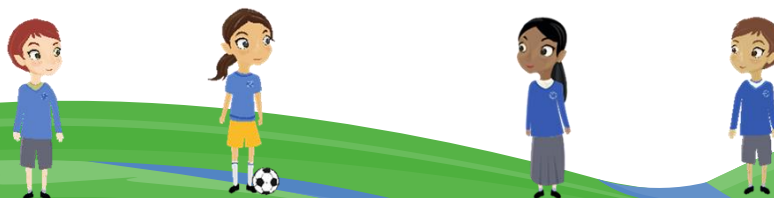
Makaton at Westbourne

Makaton Sign of the week: *Sleep*

At Westbourne, we have introduced this sign to the children and each week there is a new sign to learn. Please ask your child to show you the sign we have been learning this week.



You can watch the clip [here](#).



Big Walk and Wheel Weeks

We have some exciting news for you! We are taking part in Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 16 – 27 March 2026. It's free to take part and we would love everyone to be involved.

What do you need to do?

Encourage your child(ren) to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event.

Including everyone

We want to make sure that everyone can get involved in Big Walk and Wheel.

We know it may be more difficult for some pupils to take part than others. If you want to discuss more about your child's specific needs, please contact Mrs Qazi and we will make sure to look into how your child can take part.

Why we are taking part

Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing.

Active school runs also help to reduce congestion and air pollution outside the school gate. A 2021 YouGov study showed nearly half of UK children worry about air pollution near their school. And that children thought active travel was the best away to bring down these pollution levels.

Plus, there are some great prizes to be won every day if we get enough children taking part.

Useful resources

To help you prepare, Walk Wheel Cycle Trust has developed a handy Parent/ Caregiver page on the challenge website. It is packed with advice to help you have a hassle-free journey to school.

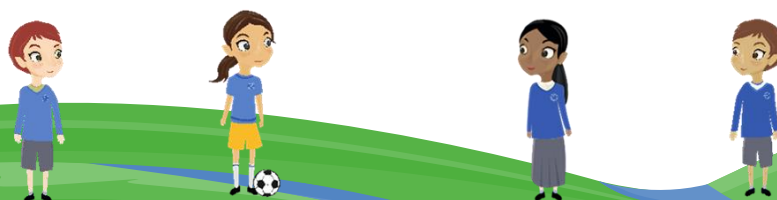
For more information about the event go to www.bigwalkandwheel.org.uk

Enjoy the challenge!

Best wishes

Mrs Qazi

(Avon Class Teacher and Travel Plan Lead)





The poster features a central logo for 'BIG WALK AND WHEEL' with a bicycle wheel integrated into the word 'WHEEL'. Below the logo is a yellow banner with the dates '16 - 27 March 2026'. The background is light blue and decorated with various colorful icons: a pink balloon, a yellow lightbulb, a blue speech bubble, a green cloud, a pink hand holding a heart, a blue globe, a pink person on a scooter, a yellow balloon, a pink person in a wheelchair, a green apple, a pink person on a bicycle, a pink person walking, and a pink person on a tandem bicycle. The text 'We're taking part in the Big Walk and Wheel 2026 challenge.' is written in a large, bold, purple font. Below this, the text 'Join in by walking, wheeling, scooting or cycling to school between 16 - 27 March.' is written in a smaller, purple font. A list of three bullet points with checkmarks is provided: 'Be active and feel more energised', 'Help the environment by replacing a car journey', and 'Help us win some fantastic prizes'. The website 'www.BigWalkAndWheel.org.uk' is displayed in a large, bold, black font. The headline sponsor 'SCHWALBE' is mentioned twice, once on the left and once on the right, with the 'Walk Wheel Cycle Trust' logo next to it. At the bottom, there is a small illustration of four children standing on a green hill with a blue path.

BIG WALK AND WHEEL
16 - 27 March 2026

Walk Wheel Cycle Trust Headline sponsor **SCHWALBE**

**We're taking part in the
Big Walk and Wheel
2026 challenge.**

*Join in by walking,
wheeling, scooting or
cycling to school
between 16 - 27 March.*

- ✓ Be active and feel more energised
- ✓ Help the environment by replacing a car journey
- ✓ Help us win some fantastic prizes

www.BigWalkAndWheel.org.uk

Headline sponsor:
SCHWALBE

Walk Wheel Cycle Trust

Walk Wheel Cycle Trust is a registered Charity in England and Wales (220525), Scotland (SC039112) and Republic of Ireland (20204626)
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Online Safety: Youtube Kids

From Alan Mackenzie, Online Safety Expert

One of the biggest frustrations I hear from parents of younger children is that the content on YouTube Kids is too childish or the content isn't what their children want to watch. The end result is that only a tiny minority of young children use YouTube Kids, with the majority on the main YouTube site.

A feature that has been within YouTube Kids for years, but so very few parents know about, is called 'Parent Allowlisting'. This does a number of things, but one of the most important and useful is that parents can keep their younger children within the safer environment of the Kids app, and parents can approve individual videos from the main YouTube service to that particular child's YouTube Kids account. This keeps younger children away from the dreaded recommender algorithms and allows parents to moderate what their children can or cannot see.

I have linked a short video which is on YouTube to explain what Parent Allowlisting is and how it's used:

[Link: YouTube Kids Parent Allowlisting](#)

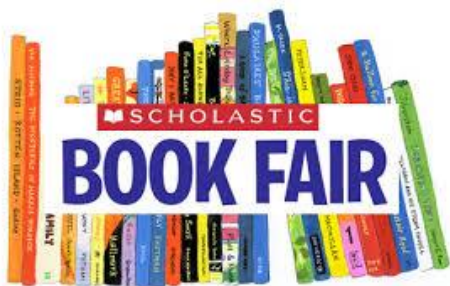
For Parents: Monetisation

Monetisation is how content creators earn money through social media and video-sharing platforms, with some creators using dishonest practices to receive more activity on their posts.

Internet Matters have put together a brilliant information guide and you can find the link below.

[Link: For Parents - What is Monetisation?](#)

Westbourne Book Fair



The Spring Term Book Fair will be after school on Wednesday 18th and March in the New Hall. This year, you can use the children's £1 World Book Day vouchers to get £1 off new books! Do come along and spend some money – a percentage of the proceeds goes on new Book Corner books for the children! This is a cash only event. The WFA will also be running cake, second-hand books and uniform stalls. Thanks in advance for your support!





Round the World with Westbourne

The WFA is excited to once again bring our wonderful school community together for “Round the World with Westbourne” on Thursday 21st May, from 5.00pm to 7.30pm.

This event is all about celebrating the incredible mix of cultures, traditions, and backgrounds that make Westbourne such a vibrant and welcoming place. It’s a chance for our families to come together, share what makes their heritage special, and enjoy an evening filled with colour, flavour, music and connection.

If you — individually or as a group — would like to represent your cultural background, we would absolutely love to hear from you. Your contribution, big or small, helps create a truly magical evening that reflects the diversity and unity of our school.

We hope to showcase a lively blend of food tasters, languages, traditional dress, music, dance, and other cultural highlights. Not only is it fun and inspiring, but it also strengthens the sense of community that makes Westbourne so special, while raising valuable funds for the WFA charity.

In previous years, we’ve enjoyed everything from dancing and musical performances to delicious dishes from many representations, including: Sri Lanka, Kazakhstan, Pakistan, India, China, Malta, Albania, Spain, Azerbaijan, Poland, Hong Kong SAR, Italy, Ukraine and many more. Every year brings something new, and we can’t wait to see what our community shares this time.

If you’d like to take part and help us celebrate the rich tapestry of cultures at Westbourne, please get in touch at wfa.sutton@gmail.com

Tickets for the event will be sent out after the Easter holiday.

Thank you for helping us make this a joyful, community-building celebration.

WFA





WESTBOURNE PRIMARY SCHOOL COFFEE MORNING



Parent / Carer Coffee Morning:

Supporting your Child with Fears and Worries

THURSDAY 26TH MARCH
08:45-10.15AM AT SCHOOL

- This coffee morning will focus on understanding and supporting children with their worries
- We will give tips and strategies on how you help your child with their emotions

Interested in attending? No booking required, just come along on the day!

If you have any queries please contact the school office on
office@westbourne.sutton.sch.uk

Provided by our NHS-in-School Education Wellbeing Service

THIS WORKSHOP INTRODUCES PARENTS AND CARERS TO COMMON CHILDHOOD FEARS AND WORRIES, HOW TO IDENTIFY AND

Respectful Open Collaborative Compassionate Consistent



HPL at Westbourne

As a **re-accredited HPL World Class School** (<https://primarysite-prod-sorted.s3.amazonaws.com/westbourne-primary-school/UploadedDocument/013b69d7-a2ed-4e8b-a945-632118753e46/newsletter-11th-july-2025.pdf>), we will continue to optimise and systematise HPL at Westbourne (for children, staff and parents, too) as members of the prestigious HPL Fellowship and Global Community.

If you are new to the school and/or wish to find out more about HPL, please find below a couple of posters summarising the HPL skills; you can also find more information by clicking on our website's HPL navigation tab: <https://www.westbourne.sutton.sch.uk/topic/hpl>

There is also a wealth of assemblies on HPL competencies on the school website: <https://westbourne-primary-school.primarysite.media/playlist/school-assemblies-spring-term-2021>

In the next few weeks, **Infants** will continue to focus on the VAAs (Values, Attitudes and Attributes – How we Behave) – see poster below.

Juniors will now focus on: **Connection Finding** and **Imagination** (part of the *Linking* cluster) – see posters on the next page.

Perseverance
To keep going and never give up, even when faced with difficulties and obstacles.



Hard-Working Hedgehog

Resilience
To overcome any problems I face and help my friends when they need help.

Practice
To repeat the same actions until I have mastered it. 'Practice makes Progress!'

Hard-working
To work hard until the best outcome is achieved, overcoming setbacks.



High Performance Learning
World Class School

Collaborative
To work as part of a team, share my ideas and listen to the ideas of others.



Empathetic Elephant

Confidence
Believe in yourself! Try new things and be proud of your achievements.

Concerned for Society
Celebrate everyone's differences and be kind to others.

Empathetic
To be aware of your own beliefs, work as a team and show empathy towards others.



High Performance Learning
World Class School

Enquiring
Be independent and willing to question ideas. Be curious and develop your own views and solutions.



Agile Alligator

Open-Minded
Be open to new ideas and flexible in challenging your opinions.

Creative and Enterprising
To be resourceful and use your initiative when faced with a challenge.

Agile
Question ideas, use your initiative and be open-minded.

Risk-Taking
Be positive and confident to try something new. Step outside of your comfort zone and don't be afraid of challenges.



High Performance Learning
World Class School



CONNECTION FINDING



- What knowledge can I use from previous learning to help with new learning?
- Can I make connections between different parts of my learning?



IMAGINATION



- I know that to solve problems I need to think of solutions.
- I ask, 'What if...?' to begin my solution...
- I use prior knowledge to think of a solution





School Council's Best Behaviours!

- ✓ **Respect others at all times**
- ✓ **Look after friends and school property** - *Concern for Society*
- ✓ **Be grateful for your friends, teachers and opportunities**
- ✓ **Follow instructions given by all adults**
- ✓ **Be responsible for your choices and actions** - *Self Regulation*
- ✓ **Use your manners wherever you are**
- ✓ **Include everyone** - *Collaboration*
- ✓ **Think before you speak**
- ✓ **Play kindly and safely**
- ✓ **Try your best in everything you do**

❖ School Councillors have special stickers to reward children who follow these Best Behaviours

❖ There will be a weekly award for children who impress their School Councillor





We're a Voice 21 Oracy School!

Voice 21 is the national charity that advocates for and supports schools in delivering a high-quality oracy education. In continuing our relationship with Voice 21 for another year, we are part of a network of over 1,100 Voice 21 Oracy Schools across the UK that are transforming teaching and learning through talk.

Why oracy matters?

Oracy is articulating ideas, developing understanding and engaging with others through speaking, listening and communication.

We actively invest teaching time into creating "talk-rich" classrooms, valuing every student voice, boosting confidence, and preparing our students for their futures.

- Speaking and listening skills are critical foundations for reading and writing.
- Students with better oral language skills are more likely to achieve the highest grades in GCSE Maths and English.
- Young people with good communication skills are less likely to have mental health difficulties.

By teaching students to become effective speakers and listeners, we empower them to understand themselves, each other, and the world around them better.



Why are we a Voice 21 Oracy School?

As a Voice 21 Oracy School, we are placing oracy at the heart of our teaching and learning across all subject areas enabling students to develop and deepen their knowledge and understanding through talk in the classroom.

In Voice 21 Oracy Schools:

- 89% of students agree/strongly agree that speaking and listening has helped them make progress with their school work.
- 77% of teachers said that oracy had boosted attainment.
- 96% of teachers said that oracy is an essential part of teaching and learning.

Find out more about oracy and Voice 21 [here](#)



Online Safety – How to Combat Online Bullying

Important online safety information about *How to Combat Online Bullying* from The National Online Safety:
<https://nationalonlinesafety.com/>

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

- 1. GET CONNECTED**
Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.
- 2. KEEP TALKING**
Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).
- 3. STAY VIGILANT**
Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, lumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.
- 4. MAKE YOURSELF AVAILABLE**
If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.
- 5. BE PREPARED TO LISTEN**
When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.
- 6. EMPOWER YOUR CHILD**
Depending on their age, your child might not want a parent "fighting their battles for them". In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on), by allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.
- 7. REPORT BULLIES ONLINE**
Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.
- 8. ENCOURAGE EMPATHY**
Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.
- 9. SEEK EXPERT ADVICE**
Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.
- 10. INVOLVE THE AUTHORITIES**
If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0800 800 5000

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 09.11.2022



Illness and Attendance

Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school when they're unwell.

There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't. Please click [here](#) to view the government guidelines.

We aim for all children's **attendance to be 96% and above**. When it falls below 90% we have a legal duty to inform the Local Authority which then triggers an investigation by the Education Welfare Service. When a child's attendance falls below 90%, there is a serious risk of underachievement.

Support Your Child to Succeed in School

Help your child understand that school is their very first job! Make great school attendance a priority for your child. Talk to your child about the importance of daily attendance in every class and how it contributes to his/her learning.

The Power of a Strong Finish to the Term

– *Don't Skip Fridays*

As we approach the culmination of the calendar year at Westbourne, it's crucial to highlight the impact of a strong finish on our pupils' educational journey. Fridays represent a significant fifth of the learning week, and missing half a Friday every fortnight adds up to a tenth of the entire school year. It's not just about consolidating lessons but also fostering social connections and a culture of belonging.

Let's make the most of these moments – reviewing lessons, engaging with peers, and participating in school activities. By collectively emphasizing a strong finish, we contribute to a more enriching educational experience for all at Westbourne

Developing Good Habits

Support your child in practicing good daily habits, such as:

- Finishing homework and placing it in his/ her backpack;
- Laying out clothes and the school reading book in the evening;
- Maintaining a regular bedtime for a good night's sleep;
- Leaving early enough in the morning to get to school on time;
- Turning off electronic devices one hour before bedtime.

Contact the school in the morning to communicate your child's absence.

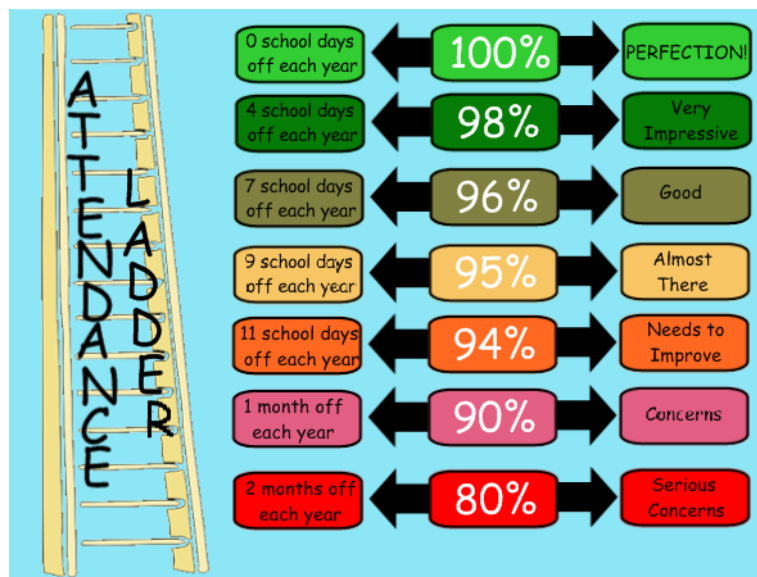


School Matters!



Weekly Attendance

Class	%
Avon	92.3%
Ember	96.3%
Thames	96.0%
Cherwell	94.7%
Ribble	97.7%
Waveney	90.0%
Beverley	97.0%
Eden	96.7%
Mole	96.0%
Fleet	98.4%
Kennet	96.7%
Mersey	96.7%
Dart	96.7%
Lea	95.0%
Tay	96.7%
Medway	98.7%
Tweed	96.0%
Tyne	96.7%
Derwent	98.4%
Trent	96.7%
Wandle	97.3%



This Week's Overall Attendance

Attendance has slightly dipped this week, averaging at **96.2%**. Let's get it higher next week.



Attendance Policy - Reminder

Attendance is mandatory (and a parental duty) – we expect all children to be at school, unless they are unwell. Attendance is vital for the children's education, socialising and overall well-being, including their economic prosperity and long-term health – children benefit hugely from being at school!

In line with National and Local policy and guidance, we reviewed our Attendance Policy in September, which can be found on our website:

<https://primarysite-prod-sorted.s3.amazonaws.com/westbourne-primary-school/UploadedDocument/514a8ce7-c133-4850-bfbb-64e542b95cba/attendance-policy-sept-2024.pdf>

Please note the following:

Penalty Notice Fines will be considered by schools, in collaboration with the Local Authority through the Attendance Support Team, when the threshold of 10 sessions (half days) of unauthorised absence (together or separate occasions) is met within 10-school-week period – this means it can span weeks, school terms and academic years. Detailed information for parents is available in the Policy Appendix.



Attendance Service
Cantium House, Railway Approach,
SM6 0DZ



National Framework for Penalty Notices – What you need to know.

The following changes will apply from 19th August 2024:

Penalty Notice Fines will be considered by schools when the threshold of 10 sessions (half days) of unauthorised absence (together or separate occasions) is met within 10 school week period – this means it can span weeks, school terms and academic years.

NB – If in an individual case the local authority (or other authorised officer) believes a penalty notice would be appropriate if a non-attendance trend is identified, they retain the discretion to issue one before the threshold is met.

First Offences:

The first penalty notice issued to a parent in respect of a particular pupil will be charged at **£160 if paid within 28 days. This will be reduced to £80 if paid within 21 days.**

Second Offences (within 3 years):

A second penalty notice issued to the same parent in respect of the same pupil is charged at a **flat rate of £160 if paid within 28 days.**

Any Further Offence (within 3 years):

A Third Penalty Notice cannot be issued to the same parent in respect of the same child within 3 years of the date of issue of the first. If the threshold is met for a third or subsequent times within 3 years, alternative legal intervention will be taken, this may include cases being presented straight to a Magistrates' Court.

For London Borough of Sutton's Penalty Notice Code of Conduct (updated version regarding new framework to come) or further support with any attendance issues, please visit our website:
<https://www.cognus.org.uk/services/attendance-support-team/for-families/>



dramabuds

Plant a seed. Watch it grow.

Spring Holidays Superheroes

Sutton Mon 30 March - Thurs 2 April

Wallington Tues 7 - Fri 10 April

For 4 - 11 year olds **10am - 2pm**

*FREE places
available
for children on
Free school
Meals



The children work with our very experienced dramabuds team of professional actors, singers and drama practitioners to 'create a show' in a week.

All the children are fully involved and are encouraged to use their creativity and imagination in the show we create together whilst, building their confidence, communication and coordination skills.

The children will all become the characters in our **Superheroes** Adventure 'Who has Stolen the Crown Jewels' with scripts to take home with their lines to learn and songs to sing. We also all create pictures for our scenery. At the end of the week we perform our show to our audience of family and friends.

A hot lunch or dinner, fruits and water will be provided for your child everyday. As we discover and try new foods together. **Cost: £140 or £40 a day**

*We offer FREE funded places for children receiving benefits related free school meals. These spaces can be booked via the [Holiday Activities.com](https://www.holidayactivities.com)



www.dramabuds.co.uk

07789 722 687



DO YOU KNOW THE SIGNS?



Child exploitation comes in many forms and involves any act where someone uses a child to gain labour, sexual gratification, or some other personal or financial gain.

Any child, regardless of age, socio-economic background, or location is potentially **at risk** of child exploitation. Exploiters use **grooming, coercion, and manipulation** tactics to target children and force them to engage in exploitative activities.

Sutton Child Exploitation Awareness Week runs from 16 to 20 March 2026

For further information on child exploitation and to **spot the signs** visit: www.sutton.gov.uk/ceawareness

#SuttonCEWeek

For immediate concerns about a child, contact:

Social Care (**CFCS**): 0208 770 6001, Emergency Services: 999, NSPCC: 0800 800 5000, or the child's school or health provider.



Sutton LSCB
Local Safeguarding
Children Board



**CHILD EXPLOITATION
AWARENESS WEEK 16-20
MARCH 2026**



GET INVOLVED

**Scan the QR code to visit our
microsite for:**



**Information awareness events to play your part
in understanding and preventing the
exploitation of children**

**Access information and resources on how you
can spot the signs of child exploitation**

**Find out how you can effectively report
potential exploitation**

**Child exploitation is a form of child abuse, referring
to the exploitation of any child or young person
under the age of 18.**





Education
Wellbeing
Service

NHS
South West London and
St George's Mental Health
NHS Trust

Parent Feeding Group for Children with Autism

Feeding challenges are common for children with autism, especially between ages 4 and 8. These can include strong food preferences, sensitivity to certain textures, sticking to only a few familiar foods, or needing mealtimes to follow a very specific routine. These patterns can affect nutrition and make family life such as mealtimes, social activities, and daily routines more stressful.

Many children also experience eating-related anxiety, which can lead to worry before meals, refusal, or meltdowns, making picky eating even harder to manage.

Who is the programme for?

Parents of children with a formal diagnosis of Autism between the ages of 4 and 8 years old.

The programme is designed to support parents in understanding the links between anxiety and feeding challenges and to provide practical tools to reduce stress around mealtimes.

How will the group run?

The group will run **in person** with a total of 7 sessions over 6 weeks. You will be committing to the following:

- 5 weekly sessions of 90 minutes.
- 1 session with your child of up to 45 minutes in clinic.
- 1 in person / virtual feedback group session of 90 minutes



How to sign up

If you would like to take part in an **in person** parent feeding group that will run for **6 consecutive weeks** on Monday Mornings from 10 am to 11:30 am, please scan the QR code, or click on the link below to complete the referral form.

Following referral parents will be sent a food diary electronically to have a better understanding of your child's food repertoire. Parents will then be booked in for an initial assessment session to discuss current concerns.

**Where: DBT Clinic, Birches Close,
Mitcham, CR4 4LQ**
6 Mondays from 11/05/2026 10-11:30am
Free onsite parking available

<https://forms.office.com/e/3tXJegSJk9>

SIGN UP!



NEURO-DIVERSITY EVENTS IN MARCH

Mon 16th March 4-5pm Neurodiversity Parent Workshop @ Cantium House

Special Interests: Why does my child focus on that so intensely - and should I be worried? Delivered by the Educational Psychology Team. You'll leave with practical strategies for supporting your child's interests in healthy ways, using them to build skills and confidence, and setting boundaries when needed without shame or stress. If you've ever wondered whether to encourage, limit, or redirect your child's passions - this session is for you. To book, email: ep.service@cognus.org.uk

Tues 17th March 4-4.45pm Sensory Regulation Strategies @ Cantium House

For parents of children with sensory regulation needs, receive a sensory profile & explore equipment such as a body sock, therapy ball, chewy toy, ear defenders, weighted lap pad/ blanket, fidget toys, deep pressure burrito roll.



Wed 18th March 10-11.30am Coffee & Create @ Cantium House

Join us for a friendly and relaxed Parent Coffee Morning, a welcoming space for parents and carers of autistic children. During the session, you'll have the opportunity to meet the Paving the Way team, who will be on hand to answer questions, offer guidance, and introduce a range of helpful autism resources. We'll explore and create resources, strategies, and information designed to support your child.



NEURO-DIVERSITY EVENTS IN MARCH & APRIL

Thurs 19th March 4:45-5:45 Autism Leads: Using tech & AI to support autistic learners

Session for our current Autism Leads, focusing on tips, strategies and resources for using tech and AI in schools.

Thurs 26th March 9.30-11.30 Just received your child's autism diagnosis — what now?

During this session you will hear from Rebecca Duffus, Advisory Teacher for Autism. This focused workshop for parents and carers of autistic children, offers evidence-informed guidance, practical strategies, and opportunities for discussion. It is designed to support understanding, advocacy, and everyday confidence in supporting your child. At Cantium House.



Thurs 23rd April 7.30-9pm Parent Workshop: supporting your child to understand their autistic identity @ Cantium House

Join Advisory Teacher for Autism, Alex Silk and Educational Psychologist, Dr Emily Crosby for a parent workshop for Sutton families who want to better understand autistic identity and how to support their child. The session will explore what autistic identity means, how it can develop over time, and how parents can respond with understanding, compassion, and confidence.

To sign up, click the link:
<https://forms.office.com/e/mGVzEYj5rb>
or scan the QR code >.





COGNUS LIMITED PRESENTS...

AUTISM

Family Event

**WEDNESDAY
1ST APRIL
1-3.30PM**

Join us for a fun, family event to celebrate Autism Acceptance Month. Siblings and other family members welcome!



[BOOK NOW](#)

Young people

-  Chilled activities e.g. decorating tote bags
-  Sensory sessions
-  Board games
-  Calm room
-  Musical activities
-  Early years activities

Parents & Carers

-  Chat to education professionals
-  Advice and information
-  Refreshments and a chance to sit down!



To attend, please complete the sign-up form

Cognus Limited, Cantium House, Railway Approach, Wallington, SM6 0DZ





13th March 2026



Headteacher's Award

HPL focus: Infants – VAAs. Juniors –
Connection finding; Imagination

Nursery: Jind	Kennet: Louis
Avon: Cleo	Mersey: Blake
Ember: Leandro	Dart: Torsten
Thames: Luca	Lea: Amiru
Cherwell: Maryam	Tay: Oli
Ribble: Jinaay	Medway: Anya
Waveney: Rex	Tweed: Asia
Beverley: Beila	Tyne: Carolyn
Eden: Andrew	Derwent: Saanvika
Mole: Noah	Trent: Harry H.
Fleet: Hashim	Wandle: Erik

Smart Award

Congratulations to the following children for looking smart in their uniform around the school!



Avon: Leonardo	Mersey: Adiva
Ember: Kelsang	Dart: Freya
Thames: Rose	Lea: Prisha
Cherwell: Lenny	Tay: Lok Lok
Ribble: Amalia	Medway: Jamil
Waveney: Ragfael	Tweed: Aaric
Beverley: John	Tyne: Mia N.
Eden: Anvika	Derwent: Saanvika
Mole: Andrei	Trent: Amelie
Fleet: Riya	Wandle: Gabriel
Kennet: Aesir	

Class of the week

Congratulations to the following classes:

Infants: Y2 Beverley Class

Juniors: Y4 Lea Class

for their excellent behaviour! Beverley Class will have access to the 'Top Fun Bus' whilst Lea Class can go on the 'Trim Trail' or – if wet - use the School Council's Drawing Box!

Lunchtime Awards

YR Thames Class (Infants) and Y6 Wandle Class (Juniors) for showing great manners in the dinner hall at lunchtime! Thames Class will have the privilege of dining at the very special 'top table' in the hall, whereas Wandle Class have exclusive access to the **Reading Shed**.

School Awards

Bronze: Aadhy, Emmanuel and Raiden

Silver: Ella

Dates for your diary (please also check the Calendar on the website)

Spring Term 2026

Book Fair (and second-hand uniform sale)	Wednesday 18 th March
Mid-Year School Reports to parents	Friday 20 th March
Class Photograph	Thursday 16 th April

