



WESTBOURNE PRIMARY SCHOOL NEWSLETTER

5th December 2025

We're on Instagram @westbourne.primary



Christmas Concerts: Schedule

The Christmas Season starts in earnest next week with performances every day – hurray!

The children look forward to performing in front of their families. Please remember not to use your devices to take photos or videos of the children (prior, during and after the shows). We look forward to seeing many of you!

Monday 8 th	Tuesday 9 th	Wednesday 10 th	Thursday 11 th	Friday 12 th
1:45pm – 2:25pm Y3/4 concert to parents	9:05am – 9:45am Y3/4 concert to parents	9:15am – 10am Reception performance	2pm – 2:45pm KS1 Performance	9:15am – 10am KS1 Performance
2:40pm – 3:15pm Y5/6 concert to parents	10:15am – 10:55am Y5/6 concert to parents	2pm – 2:45pm Reception performance		

Monday 15 th	Tuesday 16 th	Wednesday 17 th
7pm – 8pm Y5/6 Production to parents	7pm – 8pm Y5/6 Production to parents	10:30am – 11am Nursery singalong (N.H.) to parents

Christmas Performances – Looking Smart

Next week, please remember to send your child into school in their full winter uniform on the days of their rehearsal and performances– rather than PE kit. The full winter uniform comprises of: **Black School shoes/Black trainers**, Cardigans (Navy), Jumper (Navy), **School tie** (which can be purchased at the school's office), Grey shorts/trousers, Navy/Grey skirts or pinafore dresses, White shirt/blouse. Thank you!

WFA Raffles during Christmas Performances

The WFA will be selling Raffle tickets at next week's Christmas shows and productions.

They will be selling tickets for a £1 a strip, or 6 for £5 (cash or card accepted).

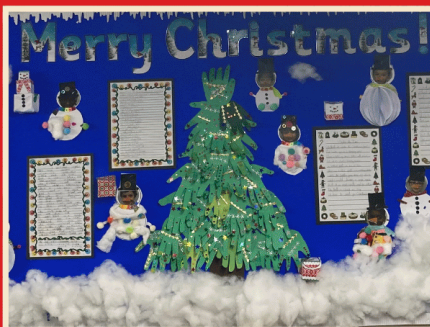
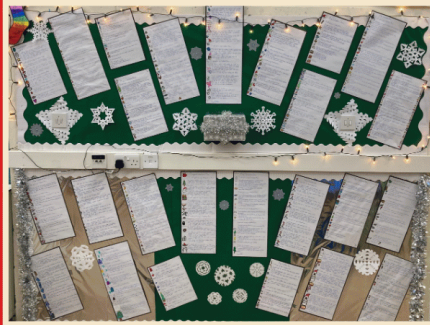


5th December 2025

Westbourne's Winter Wonderland

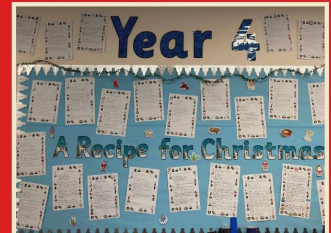
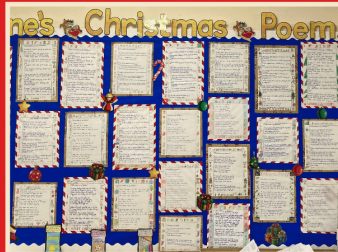
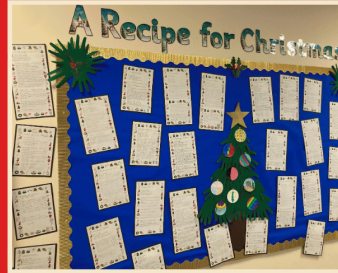
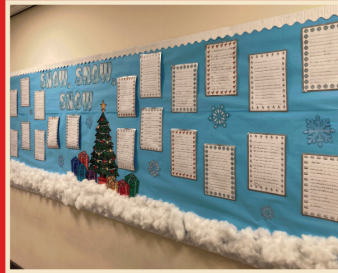
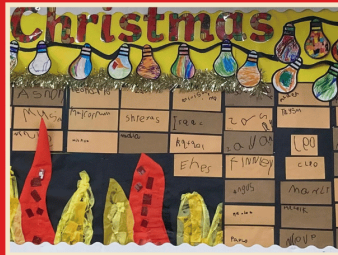
Thank you to all our amazing children and staff for turning the school into a magical Winter Wonderland with stunningly beautiful displays – have a look (bigger images are on our website:

<https://www.westbourne.sutton.sch.uk/christmas-displays-winter-wonderland-december-2025>)



WESTBOURNE PRIMARY SCHOOL NEWSLETTER

5th December 2025



WFA Christmas Fair

Next week, you'll be able to read more about the Christmas Fair and the people who helped; this week, the WFA would just like to say **a big thank you** to everyone who made it possible - and **a big success**: from the parents who had Butler's Christmas boards outside their homes, those who helped out at mufti days, all our volunteers, bakers, donors and everyone else who helped out in many other ways - thank you all! We couldn't have done it without your help.

Parking during Christmas Performances

Our request to suspend the 10am-11am parking restriction outside of the school has NOT been granted on as the Council has received **complaints from the school community regarding many incidents of unlawful parking**. They have also received **complaints from residents about unlawful/dangerous parking** around the school.

In view of this, we would suggest sustainable methods of transport (walking, cycling, etc.) for parents visiting the Christmas performances. There are other locations nearby to lawfully park for those who need to drive, e.g. park at Tesco and walk to the school.

Please DO NOT park in front of residents' garages as this has caused many rightful complaints from neighbours, leading to concerts having to be interrupted to make announcements about cars to be moved!

Thank you for your co-operation.

EuropeanCross Country Championships in Portugal

Great news to share!

We are so proud to share that Alex Lennon, an ex-pupil, competed in an exciting day of Cross Country racing as the leading endurance athletes battled for selection at next month's European Cross Country Championships in Portugal. The U20 event was a tight affair with Alex coming third which means that he will go on represent Great Britain which is an outstanding achievement. The school is extremely proud of this achievement and Alex's determination and dedication.



Netball

Netball vs Avenue

Wow... Westbourne have had an amazing start to the netball league season. Last week, we played away against Avenue for the first netball match. The A team started strongly with determination and focus to gain possession of the ball. The girls played with great enthusiasm and ended up winning the game: 9-0. Next up was the B team, who played excellently as a team passing the ball from outside of the court to the other, giving the shooters many opportunities to score fantastic goals. At the end of the game, the B team scored goals ending the match with a 2-0 win. Everyone who played was brilliant. It was lovely to see the teams playing so confidently with each other.

Netball vs St Dunstan's

This week, we welcomed St Dunstan's for the second match of the Autumn league. The team started brightly, trying their best to work together to score some amazing goals. We entered the second half being 2 goal ahead, and with great perseverance the girls scored superb goals, leaving the score at the end of the match 5-0 to Westbourne. Even in the rainy and windy conditions, we stayed strong and ended up winning. Well done to everyone who played the match!

Netball vs Devonshire

This week, we also welcomed Devonshire for the third match of the league. The team confidently passed the ball around the court knowing exactly who to pass to, helping the team to work together to give the shooters many opportunities to score excellent goals. It was a tight game but luckily we persevered and ended up winning 5-3. All the coaches have been so impressed with everyone's effort and determination this term and we can't wait to see how well we will do next time.

Poppy Appeal – THANK YOU

Thank you very much to all who contributed to the Royal British Legion annual appeal. As a school, we raised an astonishing £1,027.75!

Thank you to Mrs Bolton and the School Council for organizing it!



Word of the Year – Rage Bait

You may have already seen it, but if not the word of the year from Oxford University Press for 2025 is '[rage bait](#)'. Its origins go back to 2002 and is defined as 'online content deliberately designed to elicit anger or outrage by being frustrating, provocative or offensive'. Rage bait is very closely tied to clickbait, the purpose being to entice people into clicking links, watching videos, etc. in order to increase traffic. Both are very effective, proven tactics used by individuals and groups to drive engagement and feed algorithms, but rage bait differs as it is the deliberate intent to provoke. Much of this you can see on apps such as TikTok and YouTube and much of the content is now created using GenAI feeding into the whole AI slop phenomenon.

Interestingly the word of the year for 2024 was 'brain rot'. Does this suggest people are becoming tiresome of the online world? This could be an interesting discussion topic with children and young people: is the online world what they want it to be?



Forest School – Year 2s

On Wednesday, Year 2 finished off a successful and joy-filled term of Forest School by toasting marshmallows around a roaring fire. We had a wonderful morning celebrating all of their newly acquired skills and achievements and reflecting on their Forest School journey.

Over the past 3 months, the children have experienced the beauty of the changing seasons and learnt about the wildlife, flora and fauna we are lucky enough to have in abundance on site. We have been blessed with very mild, dry weather, which made the colours and offerings of Autumn even more magical. The children have mastered the use of palm drills, persisted in the use of flint and steels to make 'Fairy Fires', whittled sticks into pencils (some which actually worked through great critical thinking!) made faces and models from clay, as well as impressive transient art. In addition to all of this, the children have followed their own interests, engaged in fantastic imaginative play, and very much enjoyed relaxing in the hammock.

Once again, High Performance Learning shines through everything the children do in Forest School. There is no greater reward than hearing 'I can't do it!' evolve into 'I did it!' and seeing the beaming faces of success. The perseverance and resilience the children have shown in the face of challenge has been astounding! They have worked collaboratively to achieve their end goals, managed risk, shown respect, care and concern for the environment and one another and blossomed in their own confidence.

Thank you to you all for your support throughout the Autumn term and I hope the children feel as proud of themselves as I am of them.

Wishing you all a wonderful Christmas break!

Miss Davis



Illness and Attendance

Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school when they're unwell.

There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't. Please click [here](#) to view the government guidelines.

We aim for all children's **attendance to be 96% and above**. When it falls below 90% we have a legal duty to inform the Local Authority which then triggers an investigation by the Education Welfare Service. When a child's attendance falls below 90%, there is a serious risk of underachievement.

Support Your Child to Succeed in School

Help your child understand that school is their very first job! Make great school attendance a priority for your child. Talk to your child about the importance of daily attendance in every class and how it contributes to his/her learning.

The Power of a Strong Finish to the Term

– *Don't Skip Fridays*

As we approach the culmination of the calendar year at Westbourne, it's crucial to highlight the impact of a strong finish on our pupils' educational journey. Fridays represent a significant fifth of the learning week, and missing half a Friday every fortnight adds up to a tenth of the entire school year. It's not just about consolidating lessons but also fostering social connections and a culture of belonging.

Let's make the most of these moments – reviewing lessons, engaging with peers, and participating in school activities. By collectively emphasizing a strong finish, we contribute to a more enriching educational experience for all at Westbourne

Developing Good Habits

Support your child in practicing good daily habits, such as:

- Finishing homework and placing it in his/ her backpack;
- Laying out clothes and the school reading book in the evening;
- Maintaining a regular bedtime for a good night's sleep;
- Leaving early enough in the morning to get to school on time;
- Turning off electronic devices one hour before bedtime.

Contact the school in the morning to communicate your child's absence.





School Council's Best Behaviours!

- ✓ **Respect others at all times**
- ✓ **Look after friends and school property** - *Concern for Society*
- ✓ **Be grateful for your friends, teachers and opportunities**
- ✓ **Follow instructions given by all adults**
- ✓ **Be responsible for your choices and actions** - *Self Regulation*
- ✓ **Use your manners wherever you are**
- ✓ **Include everyone** - *Collaboration*
- ✓ **Think before you speak**
- ✓ **Play kindly and safely**
- ✓ **Try your best in everything you do**

❖ School Councillors have special stickers to reward children who follow these Best Behaviours

❖ There will be a weekly award for children who impress their School Councillor



HPL at Westbourne

As a **re-accredited HPL World Class School** (<https://primarysite-prod-sorted.s3.amazonaws.com/westbourne-primary-school/UploadedDocument/013b69d7-a2ed-4e8b-a945-632118753e46/newsletter-11th-july-2025.pdf>), we will continue to optimise and systematise HPL at Westbourne (for children, staff and parents, too) as members of the prestigious HPL Fellowship and Global Community.

If you are new to the school and/or wish to find out more about HPL, please find below a couple of posters summarising the HPL skills; you can also find more information by clicking on our website's HPL navigation tab: <https://www.westbourne.sutton.sch.uk/topic/hpl>

There is also a wealth of assemblies on HPL competencies on the school website: <https://westbourne-primary-school.primarysite.media/playlist/school-assemblies-spring-term-2021>

In the next few weeks, **Infants** will continue to focus on the VAAs (Values, Attitudes and Attributes – How we Behave) – see poster below.

Juniors will now focus on: **Self-Regulation** and **Intellectual Confidence** (part of the Meta-Thinking cluster) – see posters on the next page.



How do High Performing Learners behave?

- Collaborative
- Concerned for society
- Confident

Empathetic



- Enquiring
- Creative and enterprising
- Open-minded
- Risk-taking

Agile



- Practice
- Perseverance
- Resilience

Hardworking



Self-Regulation

The ability to monitor, evaluate and self-correct

- **Setting yourself a goal in each lesson.**
 - Are you on the right track?
 - At the end of the lesson, did you achieve it?
- **Evaluate and check your own learning**
 - Double check answers
 - Editing writing
 - Self-assessment P ✓
 - Success Criteria
- **Mind Maps!**
 - Beginning = what you already know
 - End = what you have learnt



World Class School



Intellectual Confidence

Can you convince somebody?

- How can you prove it?
- Can you use evidence to support your opinion?

Can you explain why and how you have arrived at your answer?

- What was your thinking to arrive at your answer?



World Class School





We're a Voice 21 Oracy School!

Voice 21 is the national charity that advocates for and supports schools in delivering a high-quality oracy education. In continuing our relationship with Voice 21 for another year, we are part of a network of over 1,100 Voice 21 Oracy Schools across the UK that are transforming teaching and learning through talk.

Why oracy matters?

Oracy is articulating ideas, developing understanding and engaging with others through speaking, listening and communication.

We actively invest teaching time into creating "talk-rich" classrooms, valuing every student voice, boosting confidence, and preparing our students for their futures.

- Speaking and listening skills are critical foundations for reading and writing.
- Students with better oral language skills are more likely to achieve the highest grades in GCSE Maths and English.
- Young people with good communication skills are less likely to have mental health difficulties.

By teaching students to become effective speakers and listeners, we empower them to understand themselves, each other, and the world around them better.



Why are we a Voice 21 Oracy School?

As a Voice 21 Oracy School, we are placing oracy at the heart of our teaching and learning across all subject areas enabling students to develop and deepen their knowledge and understanding through talk in the classroom.

In Voice 21 Oracy Schools:

- 89% of students agree/strongly agree that speaking and listening has helped them make progress with their school work.
- 77% of teachers said that oracy had boosted attainment.
- 96% of teachers said that oracy is an essential part of teaching and learning.

Find out more about oracy and Voice 21 [here](#)

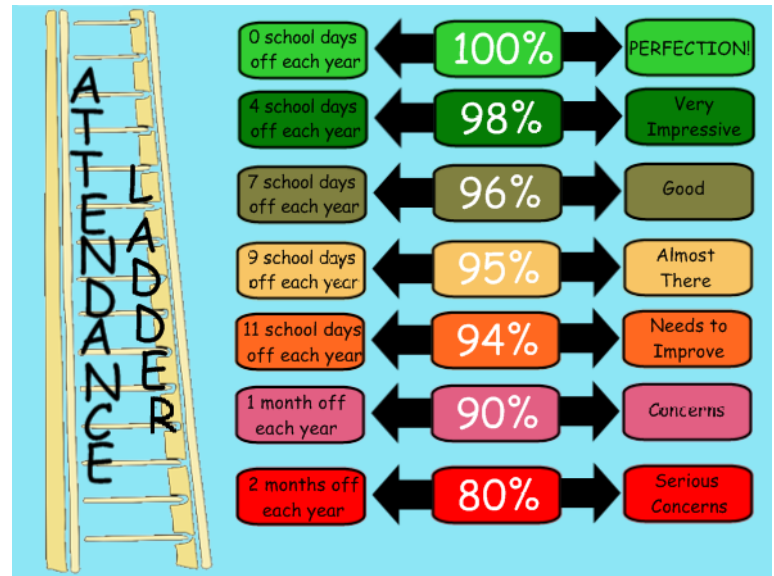


School Matters!



Weekly Attendance

Class	%
Ember	97.5
Thames	83.8
Avon	84.6
Cherwell	94.0
Waveney	94.2
Ribble	96.3
Eden	95.4
Beverley	97.5
Mole	97.1
Mersey	95.8
Kennet	97.9
Fleet	97.6
Lea	95.4
Tay	96.7
Dart	96.7
Medway	99.2
Tyne	96.3
Tweed	96.7
Trent	91.7
Derwent	97.6
Wandle	96.3



This Week's Overall Attendance

Attendance has slightly improved this week (many children still off with illness), averaging at **95.2%**. Let's get it back up next week!





Roblox Security Changes - South West Grid for Learning

The introduction of the Online Safety Bill earlier this year has brought welcome controls over what we and our children can access online. As internet speeds have increased and the digital world has expanded, the ability for anyone of any age to reach almost any content has grown at a pace far beyond our capacity to safeguard against it. The risks have become unmistakable. Adults now face increasingly sophisticated attacks from hackers and scammers, while children remain acutely vulnerable to online predators.

Although some internet services initially resisted tighter regulation, the government's commitment to reducing online harms has ultimately prevailed. For children, one of the most persistent avenues for predatory behaviour has been online video games. These are spaces where young users gather, communicate, and interact, often with limited verification or oversight.

Roblox, a platform widely associated with younger players, is now beginning to address this by introducing facial analysis age checks and optional ID verification for users over 13. These real-world verification measures are designed to confirm a user's age more accurately and to restrict interactions that could place children at risk. In practice, they signal an important shift in how major platforms are starting to manage online safety and respond to the expectations set out in the Bill.

You can read more about these checks on the SWGfL website:

<https://swgfl.org.uk/magazine/roblox-announces-facial-age-checks-for-chat-features/>

Under 5s - Social Media Usage Increasing

On Monday this week, the Centre for Social Justice reported [an estimated rise of 220,000 users under 5 compared to 2024](#), bringing the estimated number of children aged 3-5 actively using social media to 814,000 here in the UK. Research from Ofcom earlier this year showed that 19 percent of children aged 3-5 using social media do so independently. No oversight, no moderation!

If correct these figures are horrifying. Not only that, the figures are surprising because many young parents today went through their adolescent years using social media, they know (or should know) the potential harms related to safety and wellbeing. It will be very interesting to see next year whether the Online Safety Act has had any positive effect on this where user to user services (including social media) have been required to put highly effective age verification in place.





Making Life
Better Together



Education
Wellbeing
Service



South West London and
St George's Mental Health
NHS Trust



Parent/Carer Group: Supporting your Child with Fears, Worries & Anxiety



IS YOUR CHILD:

- Aged between **4-10 years old**?
- Recently started to **struggle with worry**?
- **Avoiding** certain places, **things** or situations?
 - Finding it difficult separating from you?

If yes, this group might be for you!

TOPICS WILL INCLUDE:

- Learning about your child's fears/worries and how they're maintained
- Strategies to support your child to face worries in manageable steps



TO SIGN-UP & REGISTER YOUR INTEREST

please complete this form (click link below):
[Parent Group Application](#)

You can also scan the QR code below.



We'll start with a screening call to make sure the group is right for you!



GROUP DETAILS:

Our parenting groups run over five weekly sessions. We ask that you attend all sessions.
Can't attend dates below? Please sign-up to express interest to join a future online parenting group.



DATES:

Friday 9th January – Friday 6th February 2026
(every Friday), 9:30 am – 11 am



LOCATION:

Sutton CAMHS, East Building 2, Jubilee Health Centre, Wallington, Sutton, SM6 0HY

SUITABILITY:

Our Parent/Carer group supports children with mild to moderate anxiety.

We ask that Parents/Carers are not engaging with other support services to avoid families getting lots of different advice.

SPACES ARE LIMITED!

We encourage you to submit your application as soon as possible if you're interested in joining!



WHITE RIBBON DAY 2025 AND 16 DAYS OF ACTION

Join us on our 16 days of advocacy and actions as we explore support systems, allyship tools and actions that you can take to #ChangeTheStory on male violence against women and girls. Learn how to be a part of the solution and take action using this calendar of resources and support!



25 NOVEMBER

LBS White Ribbon Day 2025

Learn more about this year's theme 'We Speak Up' [HERE](#).

Join the [White Ribbon Walk](#), starting at Sutton Gate at 12:30pm till 2pm along with the MET Police & Staff from Sutton Women's Centre.

The [White Ribbon Walk](#) will end at Unity Junction for the soft launch of 'Building a Safer Sutton for Women and Girls', a new Women's Safety Charter by Sutton Women's Centre from 2-4pm.



26 NOVEMBER

Free Events in Sutton to Raise Awareness Around Gender Based Violence

[Sutton Women's Centre](#) are running various events to support the 16 days of activism in person or online. Tickets are free and bookable [HERE](#), where you can also donate to Sutton Women's Centre.

Lunch and Learn: VAWG Through An Intersectional Lens - 12.30pm till 1.30pm. [Book here](#).

27 NOVEMBER

Safety and Support for Women

[HollieGuard](#), [WalkSafe](#) and [bSafe](#) are personal safety apps women can add to their phone to help them feel safe when walking alone.

[Bright Sky App](#) provides practical support and information on how to respond to domestic abuse.

[Sistah Space](#) is an organisation supporting African and Caribbean women affected by domestic and sexual abuse.

Join us at our [DA/ VAWG Champions and Forum](#) at LBS Civic from 2-4pm in room G1B. Email [Cathryn Tomnay](#) to participate.



28 NOVEMBER

Employee Assistance Programme

Health Assured has a range of resources available which can support you.

There are 2 main ways to access the service:

- To speak to someone, call 0800 028 0199.
- Download [The Wisdom App](#) using the registration code MHA261191.



29 NOVEMBER

Stand up against harassment

Please take a look at our [Sexual Harassment Toolkit](#) with dedicated support for staff and managers.

The Suzy Lamplugh Trust are also hosting free 'Stand Up Against Harassment' Bystander training sessions on 2nd, 3rd and 10th December which are virtual and can be booked by visiting the [Trust's website](#).



What is an ally? 30 NOVEMBER

An ally is any person that actively aspires to support marginalised people through positive and conscious efforts. Please see the [White Ribbon Guidance on Male Allyship](#).

Anyone can be an ally, regardless of their gender, ethnicity, background - find out more in our [Women's allyship guide](#).

Join [RBK's We Speak Up](#) community event dedicated to raising awareness of gender-based violence and promoting safe, inclusive spaces for women and girls in sport.



WHITE RIBBON DAY 2025 AND 16 DAYS OF ACTION



07 DECEMBER

Support in our Sutton Community

Find out more about [Sutton Women's Centre](#), a safe, women only space where women can access specialist support, advice, information and education to help them achieve their potential; develop their skills; and live free from domestic abuse.



08 DECEMBER

White Ribbon Ambassadors

Men are not simply the problem but also the solution. Becoming a White Ribbon Ambassador means that you are pledging to call out abusive and sexist behaviour.

White Ribbon also provides further resources on ['What Men Can Do'](#) to tackle gender inequality and work to help end all forms of violence against women and girls.



09 DECEMBER

Inclusive Language

The words that we use to talk about people are important. Our choice of words can make someone feel engaged and included or ignored and excluded.

We have recently updated the LBS [Inclusive Language Guide](#) for staff who are looking to use language in a fully inclusive way.

SWC: [Male Allyship event](#) - 10am till 12pm ONLINE. [Book here](#). Follow up event to Male Allies sessions on 20/11.



10 DECEMBER

Human Rights Day 2024: Our Rights. Our Future. Right Now

Human Rights Day is celebrated worldwide on 10 December, marking the anniversary of the Universal Declaration of Human Rights (UDHR).

The UDHR is the world's most translated document, available in 577 languages from Abkhaz to Zulu.

The 16 Days of Activism serve to highlight violence against women and girls as the most pervasive breach of human rights worldwide.



11 DECEMBER

Make the White Ribbon Promise

As we come to the end of the 16 Days of Activism we encourage all LBS staff to make the White Ribbon Promise

You can make the promise online [HERE](#).

Thank you all for playing a part in ending violence towards women and girls.



Continuing Advocacy

Men need to be a part of the conversation by taking the [White Ribbon Pledge](#). After sixteen days of advocacy, we hope that everyday can be an opportunity to make our communities a safer place for women and girls.

Combating violence against women and girls means being an active ally both inside and outside of the workplace - and not just for 16 days a year.





Cognus

No Limits on Learning

SUTTON'S SEND LOCAL OFFER



SCAN ME

- A PLACE TO FIND INFORMATION AND SUPPORT FOR FAMILIES WITH CHILDREN AND YOUNG PEOPLE WITH SEND IT COVERS ALL AGES - FROM BIRTH TO 25 YEARS OLD - WITH INFORMATION AND SUPPORT FOR PROVIDERS. YOU CAN FIND INFORMATION ABOUT THE SUPPORT AND OPPORTUNITIES AVAILABLE LOCALLY.

WHAT IS THE SEND LOCAL OFFER?

FIND SUPPORT AND INFORMATION ON THE WEBSITE.
SEARCH FOR SERVICES RELEVANT TO YOURS AND YOUR CHILD'S CIRCUMSTANCES.
SERVICES TAGGED WITH 'SEND LOCAL OFFER' SUPPORT CHILDREN AND YOUNG PEOPLE WITH A LEARNING DISABILITY AND/OR SEND.



WHATS INCLUDED ON THE SEND LOCAL OFFER?



LOCALOFFER@SUTTON.GOV.UK



www.facebook.com/groups/suttonlocaloffer/



Everyone deserves a life without domestic abuse

For support, visit Sutton DASS women-only 'One Stop Shop':

Every Wednesday 9.30am – 11.30am

We have a new location:

Thomas Wall Community Lounge

64 Robin Hood Lane

Sutton SM1 2RG

(next to the Robin Hood Pub)

Sutton DASS is a LGBTQI+ and
Global Majority inclusive service

020 8092 7569

cranstoun.org



CRANSTOUN
Empowering People, Empowering Change



WINTER FESTIVAL 2025

Add some sparkle to your season –
family fun and festive magic

Saturday 6 December
1pm - 6pm
Tadworth Court
Surrey KT20 5RU

Visit Santa, get crafting,
browse our market, enjoy tasty
treats and more, at our family
Christmas festival



✉ thechildrenstrust.org.uk/winter-festival
📧 events@thechildrenstrust.org.uk



Registered with
**FUNDRAISING
REGULATOR**

The Children's Trust, Tadworth Court, Tadworth, Surrey KT20 5RU
Registered charity number 288018 TCT_2260 10/25




The Children's Trust
For children with brain injury





Sutton Neurodevelopmental Needs One Stop Shop

Support and advice for families with neurodevelopmental (ND) related needs like social skills, concentration levels or coping with change.

A new drop-in service for Sutton families of children and young people aged between 5-18, with challenges which may be related to a neurodevelopmental presentation (Autism or ADHD). This could include emotional difficulties, behavioural challenges, problems with sleep, friendship issues, sensory difficulties, attention and concentration difficulties, and hyperactivity and impulsivity. Our health and care professionals can provide information, advice and signposting, and help you access services.

- Drop-in service - no need to book
- Supportive and friendly environment
- Attend as a family, on your own or with other people who care for the young person (young people must be accompanied)
- All families from Sutton are welcome, whether or not you are on a waiting list
- No diagnosis needed
- Attending will not change your position on any waiting list

The Sutton ND Needs One Stop Shop will be held at:

Sutton Carers Centre
Sutton Gate, 1st floor
1 Carshalton Road
Sutton, SM1 4LE

Opening hours:

- 01 December 2025, 13:00-16:00
- 15 December 2025, 13:00-16:00
- 12 January 2026, 13:00-16:00
- 26 January 2026, 13:00-16:00
- 09 February 2026, 13:00-16:00
- 23 February 2026, 13:00-16:00



For more information contact
needsbasedneuro@swlstg.nhs.uk



5th December 2025

Education Wellbeing Service Webinar

Building Strong Bonds: How to build Healthy and Secure Attachment/Relationships with Children

Join us for an insightful workshop designed for parents and carers, where we will explore the Circle of Security model, a proven approach to fostering secure and healthy attachments with children.

This session will guide you through the fundamental principles of the model, helping you understand your child's emotional needs and how to respond in ways that build trust and security.

You will learn strategies to enhance your caregiving skills, promoting a strong, supportive bond that nurtures your child's development and well-being.

NHS
South West London and
St George's Mental Health
NHS Trust

Education
Wellbeing
Service



DATE / TIME

Monday 8th December
1.00-2.00pm



Scan the
QR code
or
[click here](#)

LOCATION

Online - Hosted on Teams

Sign up to either event
for free on Eventbrite
by scanning the QR Code.

You can also check out
our other events by
[clicking here](#)

wellbeinginschoolsevents@swlstg.nhs.uk

DATE / TIME

Thursday 11th December
7.00-8.00pm



Scan the
QR code
or
[click here](#)

Education Wellbeing Service Webinar

Understanding and Supporting Your Child's Sleep

The topic of sleep comes up a lot during our discussions with parents and carers and it's something that can impact the whole family.

During this webinar we'll look at why sleep is so important for our children, how to create the right environment and routine to aid high quality sleep, the importance of independent settling, and some common sleep challenges for families.

NHS
South West London and
St George's Mental Health
NHS Trust

Education
Wellbeing
Service



DATE / TIME

Tuesday 9th December
1.00-2.00pm



Scan the
QR code
or
[click here](#)

LOCATION

Online - Hosted on Teams

Sign up to either event
for free on Eventbrite
by scanning the QR Code.

You can also check out
our other events by
[clicking here](#)

wellbeinginschoolsevents@swlstg.nhs.uk

DATE / TIME

Tuesday 9th December
7.00-8.00pm



Scan the
QR code
or
[click here](#)





Class of the week

Congratulations to the following classes:

Infants: Y1 Waveney Class

Juniors: Y5 Medway Class

for their excellent behaviour! Waveney Class will have access to the 'Top Fun Bus' whilst Medway Class can go on the 'Trim Trail' or – if wet - use the School Council's Drawing Box!

Lunchtime Awards

Y2 Beverley Class (Infants) and **Y6 Wandle Class** (Juniors) for showing great manners in the dinner hall at lunchtime! Beverley Class will have the privilege of dining at the very special '**top table**' in the hall, whereas Wandle Class have exclusive access to the **Reading Shed**.

School Awards

Bronze: Amelie, Victoria, Isabel, Nivethika, Ava L., Jack, Klaudia and Benji.

Silver: Jessica

Dates for your diary (please also check the Calendar on the website)

Autumn Term 2025

Last Day of the Autumn Term

Friday 19th December at 2pm

