

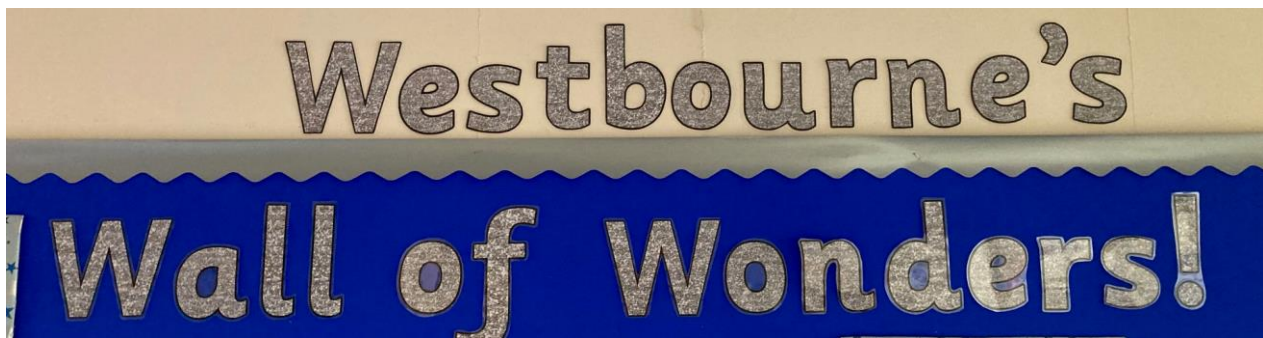
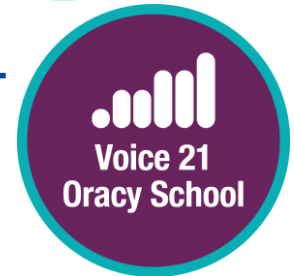


## WESTBOURNE PRIMARY SCHOOL NEWSLETTER



We're on Instagram @westbourne.primary

28<sup>th</sup> November 2025



### Wall of Wonders Display

Congratulations to Ruby in Y6 Wandle Class and Nicolas in Y6 Derwent for having used their HPL skills (see below) to produce truly stunning pieces of art, inspired by George Seurat (French artist - Pointillism art movement). Their work is now proudly displayed on our *Wall of Wonders* outside of Mr Miracapillo's office - well done children!





## Road Safety – Very Important

Parent/Carers are repeatedly putting families at risk through inconsiderate parking/stopping on Anton Crescent, particularly the area in the photo below. For the safety of the entire Westbourne Community, **do not park on the double yellow lines, or park on the pavement.**

Moving forward, we have requested that coaches park on Collingwood Road; however, this is ultimately the coach driver's responsibility.





## HPL Visit – St Swithun’s Prep School, Winchester

We were delighted to host an HPL visit from St Swithun’s Prep School (Winchester) last Tuesday. They were extremely impressed with the stunning learning environment, the beautiful school site and facilities, the children’s impeccable behaviour and the amazing learning opportunities. As HPL World Class Schools, we look forward to collaborating on enhancing our HPL provision even further. A big *thank you* to Miss Adkins, our HPL Expert Teacher and Lead, for sharing her expertise with them.



## Christmas Lunch

Thank you very much to our wonderful kitchen staff for preparing a delicious Christmas lunch for over 600 children, and for all school staff, too... it was much appreciated!

What a fabulous start to the Christmas season at Westbourne!





## Girls' Football

### Westbourne 2-0 St. Cecilia's

Bethany and Jessica

It is safe to say that it has been a wonderful start to the season for the girls' football team. Three games played, three games won. Another victory on Monday afternoon has propelled the team to the top of the league, which is where we will remain over the festive period. A dominant display from the home side ensured a comfortable win. It was that dominant that Victoria - our goalkeeper - didn't touch the ball once in the 40 minutes of football! Klaudia was immense at the heart of the defence - a new found position for her, clearing her defensive lines with great power and purpose. Two long-range strikes in both halves from Bethany and then Jessica were enough for us to claim another three points. A special mention to the St. Cecilia's goalkeeper who made a number of brilliant saves to keep the score at just 2-0.

Very well played yet again girls - keep up your great work!

**Girl of the match: Jessica**, who ran the game from start to finish and capped it off with a superb long range strike. Well played Jessica.

## Boys' Football

### Pokémon 7 aside National Cup

A new-look competition and game for the boys to get stuck into on Monday morning as the team travelled to Cheam Park Farm for Round One of the National Cup. The boys having started off extremely well in their 9-aside league and cup campaign had to adjust to the 7 aside format. The boys played three short games against Cheam Park Farm, Cheam Fields and St. Cecilia's. All three games were incredibly close - Westbourne in every game creating by far the most chances to score. Unfortunately, that would be our downfall, chances created but sadly very few taken. A great effort on a cold, wet morning saw us narrowly miss out on qualifying for the next round of the competition. We look forward to getting back to playing 9-aside football for the rest of the season and remaining unbeaten for as long as we possibly can!

**Boy of the tournament: Daniel** - whilst we were unable to score the handful of chances created, Daniel was truly sensational in goal, making multiple top-quality saves in all three games that he played in. Superb Daniel.



## Swimming Champion

On 23<sup>rd</sup> and 24<sup>th</sup> November, Isabelle (Y5 Medway Class) took part in the Sutton Borough Swimming Championships. It was a busy weekend and she managed to achieve a number of medals across the various events and age groups. Isabelle bagged 1 community shield (1st place in 50m backstroke), first place in 400m freestyle, silver medals in 100m and 200m medleys, and bronze medals in 50m breast stroke and 100m back. Isabelle trains 10 hours a week across 5 days. Her hard work, discipline and commitment have paid off! She has now achieved qualifying times to take part in the Surrey County Championships in January 2026 - we wish her good luck!



## Theatre Performance

On Monday, the *Image Theatre Company* delivered an engaging and lively performance of *The Jungle Book*, inviting the children into the heart of the jungle. The cast encouraged everyone to sing along to the songs (including actions), creating a warm, interactive atmosphere. A highlight of the show was the inclusion of a select few children as wolves, deer and monkeys who joined the performers on stage to help bring key scenes to life. Their enthusiasm added charm and energy to the storyline. The performance was a memorable and enjoyable experience. A big *thank you* to Mr Booth for organising it!





## Makaton at Westbourne

### Makaton Sign of the week

At Westbourne, we have introduced this sign to the children and each week there is a new sign to learn. Please ask your child to show you the sign we have been learning this week.



You can watch the clip here.

<https://www.youtube.com/watch?v=Ytiqk-DMklw>



## November Attendance – Infant and Junior Classes of the Month

**INFANTS** – Congratulations to **Y2 Beverley Class** for winning the Infants Attendance 'Class of the Month' trophy with 97.6% – a great result! In second place came YR Thames Class with 96.7%; in third place was YR Ember Class with 96.6%.

**JUNIORS** - Congratulations to **Y6 Wandle Class** for winning the Juniors Attendance 'Class of the Month' trophy with 98.4% - an excellent result! In second place came Y3 Fleet Class with 98.3%; in third place was Y4 Dart Class with 98% - well done!





## Salvation Army Appeal

Many Salvation Army churches and centres across the UK will be running a Christmas Present Appeal again this year.

As a **School Council**, we thought it would be a lovely idea if we joined in this worthwhile appeal by donating new, unwrapped toys and gifts for children who might not otherwise receive a Christmas present. The gifts will then be wrapped by The Salvation Army and distributed to those in need.

### Suggested Gift List for Children and Young People

Art & craft kits

Family games (e.g., Connect 4, Dobble, Uno)

Lego

Toiletries

Footballs/ indoor basketball hoops

Hats & scarves

Water bottles,

Gift tokens (Primark or One-4-All)

The Salvation Army believe that every child deserves a new gift at Christmas so are **unable to take used or second-hand items** for the Christmas Present Appeal.

If you would like to donate a present to a child who is less fortunate than yourself, then please bring something from the above list into school on Friday 5<sup>th</sup> December.

Over the years, millions of children and young people have benefited from gifts donated to The Salvation Army. By giving a gift to this Christmas Present Appeal you can make a real difference in someone's life at Christmas.

Thank you, Westbourne!



## Staffing News

It is with great regret and immense gratitude that we announce Mr Regan's departure from Westbourne at the end of December 2025.

Mr Regan will be moving back to Wales after 28+ years of distinguished service at our school! He has been a wonderful teacher, as well as been instrumental in leading our Sports Department and the After-School Clubs provision, whilst leading other subjects in his long career at Westbourne.

I know that your child will miss him very much, together with all children, staff, trustees and parents in the community.

On a more positive note, we are delighted to have appointed Mr High to be Tyne's Class teacher from January 2026. The children have already informally met him (during the recruitment process) and will have a chance to get to know him better on Monday 8th December.

I know you will want to join me in thanking Mr Regan for his outstanding contribution to our school in the last three decades, and wishing him all the very best in his future!

Mr Miracapillo

## Christmas Concerts Dates – December 2025

| Monday 8 <sup>th</sup>                     | Tuesday 9 <sup>th</sup>                      | Wednesday 10 <sup>th</sup>             | Thursday 11 <sup>th</sup>       | Friday 12 <sup>th</sup>          |
|--------------------------------------------|----------------------------------------------|----------------------------------------|---------------------------------|----------------------------------|
| 1:45pm – 2:25pm<br>Y3/4 concert to parents | 9:05am – 9:45am<br>Y3/4 concert to parents   | 9:15am – 10am<br>Reception performance | 2pm – 2:45pm<br>KS1 Performance | 9:15am – 10am<br>KS1 Performance |
| 2:40pm – 3:15pm<br>Y5/6 concert to parents | 10:15am – 10:55am<br>Y5/6 concert to parents | 2pm – 2:45pm<br>Reception performance  |                                 |                                  |

| Monday 15 <sup>th</sup>                 | Tuesday 16 <sup>th</sup>                | Wednesday 17 <sup>th</sup>                            |
|-----------------------------------------|-----------------------------------------|-------------------------------------------------------|
| 7pm – 8pm<br>Y5/6 Production to parents | 7pm – 8pm<br>Y5/6 Production to parents | 10:30am – 11am<br>Nursery singalong (N.H.) to parents |





## School Council's Best Behaviours!

- ✓ **Respect others at all times**
- ✓ **Look after friends and school property** - *Concern for Society*
- ✓ **Be grateful for your friends, teachers and opportunities**
- ✓ **Follow instructions given by all adults**
- ✓ **Be responsible for your choices and actions** - *Self Regulation*
- ✓ **Use your manners wherever you are**
- ✓ **Include everyone** - *Collaboration*
- ✓ **Think before you speak**
- ✓ **Play kindly and safely**
- ✓ **Try your best in everything you do**

❖ School Councillors have special stickers to reward children who follow these Best Behaviours

❖ There will be a weekly award for children who impress their School Councillor



## HPL at Westbourne

As a **re-accredited HPL World Class School** (<https://primarysite-prod-sorted.s3.amazonaws.com/westbourne-primary-school/UploadedDocument/013b69d7-a2ed-4e8b-a945-632118753e46/newsletter-11th-july-2025.pdf>), we will continue to optimise and systematise HPL at Westbourne (for children, staff and parents, too) as members of the prestigious HPL Fellowship and Global Community.

If you are new to the school and/or wish to find out more about HPL, please find below a couple of posters summarising the HPL skills; you can also find more information by clicking on our website's HPL navigation tab: <https://www.westbourne.sutton.sch.uk/topic/hpl>

There is also a wealth of assemblies on HPL competencies on the school website: <https://westbourne-primary-school.primarysite.media/playlist/school-assemblies-spring-term-2021>

In the next few weeks, **Infants** will continue to focus on the VAAs (Values, Attitudes and Attributes – How we Behave) – see poster below.

**Juniors** will now focus on: **Self-Regulation** and **Intellectual Confidence** (part of the Meta-Thinking cluster) – see posters on the next page.



### How do High Performing Learners behave?

- Collaborative
- Concerned for society
- Confident

**Empathetic**



- Enquiring
- Creative and enterprising
- Open-minded
- Risk-taking

**Agile**



- Practice
- Perseverance
- Resilience

**Hardworking**



# Self-Regulation

The ability to monitor, evaluate and self-correct

- **Setting yourself a goal in each lesson.**
  - Are you on the right track?
  - At the end of the lesson, did you achieve it?
- **Evaluate and check your own learning**
  - Double check answers
  - Editing writing
  - Self-assessment P ✓
  - Success Criteria
- **Mind Maps!**
  - Beginning = what you already know
  - End = what you have learnt



World Class School



# Intellectual Confidence

Can you convince somebody?

- How can you prove it?
- Can you use evidence to support your opinion?

Can you explain why and how you have arrived at your answer?

- What was your thinking to arrive at your answer?



World Class School





## We're a Voice 21 Oracy School!

Voice 21 is the national charity that advocates for and supports schools in delivering a high-quality oracy education. In continuing our relationship with Voice 21 for another year, we are part of a network of over 1,100 Voice 21 Oracy Schools across the UK that are transforming teaching and learning through talk.

### Why oracy matters?

Oracy is articulating ideas, developing understanding and engaging with others through speaking, listening and communication.

We actively invest teaching time into creating "talk-rich" classrooms, valuing every student voice, boosting confidence, and preparing our students for their futures.

- Speaking and listening skills are critical foundations for reading and writing.
- Students with better oral language skills are more likely to achieve the highest grades in GCSE Maths and English.
- Young people with good communication skills are less likely to have mental health difficulties.

By teaching students to become effective speakers and listeners, we empower them to understand themselves, each other, and the world around them better.



### Why are we a Voice 21 Oracy School?

As a Voice 21 Oracy School, we are placing oracy at the heart of our teaching and learning across all subject areas enabling students to develop and deepen their knowledge and understanding through talk in the classroom.

In Voice 21 Oracy Schools:

- 89% of students agree/strongly agree that speaking and listening has helped them make progress with their school work.
- 77% of teachers said that oracy had boosted attainment.
- 96% of teachers said that oracy is an essential part of teaching and learning.

Find out more about oracy and Voice 21 [here](#)

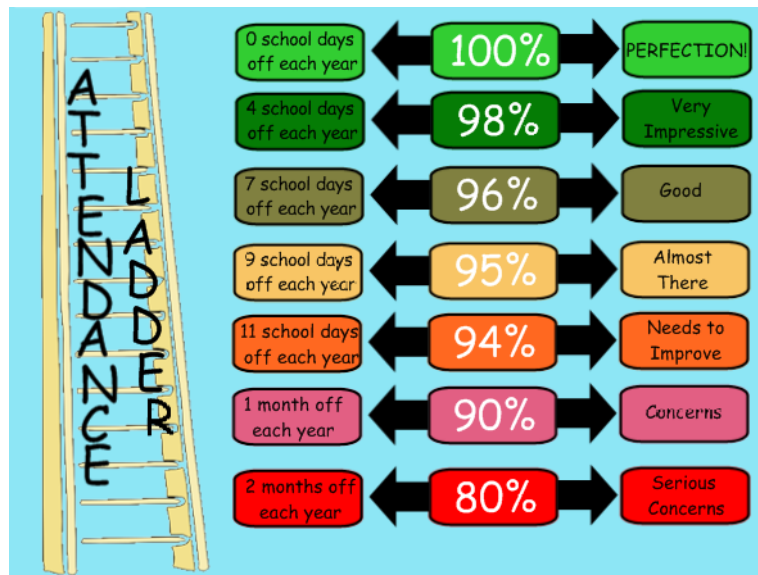


## School Matters!



### Weekly Attendance

| Class    | %    |
|----------|------|
| Ember    | 97.3 |
| Thames   | 94.0 |
| Avon     | 87.3 |
| Cherwell | 96.2 |
| Waveney  | 93.0 |
| Ribble   | 93.3 |
| Eden     | 97.3 |
| Beverley | 97.0 |
| Mole     | 97.0 |
| Mersey   | 92.7 |
| Kennet   | 95.0 |
| Fleet    | 97.1 |
| Lea      | 96.3 |
| Tay      | 97.3 |
| Dart     | 96.3 |
| Medway   | 97.7 |
| Tyne     | 94.7 |
| Tweed    | 91.3 |
| Trent    | 94.0 |
| Derwent  | 96.5 |
| Wandle   | 96.0 |



### This Week's Overall Attendance

Attendance has slightly improved this week (many children still off with illness), averaging at **95.1%**. Let's get it back up next week!



# Online Safety: Social Media and Mental Health

Important information about *Social Media & Mental Health* from The National Online Safety:  
<https://nationalonlinesafety.com/>

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthral young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK ... and knowing what to do about content that upsets them.

- 1. UNDERSTAND THE ALGORITHM**  
 Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.
- 2. AVOID THE MAIN FEEDS**  
 Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.
- 3. DISCUSS WHAT THEY'VE SEEN**  
 Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.
- 4. LEARN HOW TO HIDE CONTENT**  
 If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.
- 5. SET DAILY LIMITS**  
 Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: involving your child in creating this agreement makes them more likely to stick to it.
- 6. MONITOR THEIR ACTIVITY**  
 Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.
- 7. TURN OFF PUSH NOTIFICATIONS**  
 Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.
- 8. USE DEVICES TOGETHER**  
 Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful posts.
- 9. ENCOURAGE OTHER ACTIVITIES**  
 Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.
- 10. TALK ABOUT PEER PRESSURE**  
 Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

**Meet Our Expert**  
 Shazia Sarwar-Azmi is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.

**National Online Safety**  
 #WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 30.11.2022





## Protect Neurodivergent Children from Scams in Games

As we all know, neurodivergent children can be amongst those most vulnerable online, therefore more likely to become victims of things like scams. Those with ADHD, autism or other divergent ways of thinking might not recognise when someone intends to do harm.

Internet Matters have put together a brand new free guide for parents which explores how neurodivergent children's unique traits can leave them open to scams, particularly in games.

You can download the free guide [HERE](#).



## For Parents - Gadget Gift Guide

Christmas can be an exciting time when many children are given new devices and gadgets. Ireland's online safety charity, CyberSafeKids, have put together a brand new guide for parents and carers covering:

- The benefits and risks of popular smart devices and toys.
- What you can do to make them safer.
- Age recommendations
- And more.

You can download the guide [HERE](#).





Making Life  
Better Together



Education  
Wellbeing  
Service



South West London and  
St George's Mental Health  
NHS Trust



## Parent/Carer Group: Supporting your Child with Fears, Worries & Anxiety



### IS YOUR CHILD:

- Aged between **4-10 years old**?
- Recently started to **struggle with worry**?
- **Avoiding** certain places, **things** or situations?
  - Finding it difficult separating from you?

**If yes, this group might be for you!**

### TOPICS WILL INCLUDE:

- Learning about your child's fears/worries and how they're maintained
- Strategies to support your child to face worries in manageable steps



### TO SIGN-UP & REGISTER YOUR INTEREST

please complete this form (click link below):  
[Parent Group Application](#)

You can also scan the QR code below.



We'll start with a screening call to make sure the group is right for you!



### GROUP DETAILS:

Our parenting groups run over five weekly sessions. We ask that you attend all sessions.  
Can't attend dates below? Please sign-up to express interest to join a future online parenting group.



#### DATES:

**Friday 9th January – Friday 6th February 2026**  
(every Friday), 9:30 am – 11 am



#### LOCATION:

Sutton CAMHS, East Building 2, Jubilee Health Centre, Wallington, Sutton, SM6 0HY

### SUITABILITY:

Our Parent/Carer group supports children with mild to moderate anxiety.

We ask that Parents/Carers are not engaging with other support services to avoid families getting lots of different advice.

### SPACES ARE LIMITED!

We encourage you to submit your application as soon as possible if you're interested in joining!



## WHITE RIBBON DAY 2025 AND 16 DAYS OF ACTION

Join us on our 16 days of advocacy and actions as we explore support systems, allyship tools and actions that you can take to #ChangeTheStory on male violence against women and girls. Learn how to be a part of the solution and take action using this calendar of resources and support!



### 25 NOVEMBER

#### LBS White Ribbon Day 2025

Learn more about this year's theme 'We Speak Up' [HERE](#).

Join the [White Ribbon Walk](#), starting at Sutton Gate at 12:30pm till 2pm along with the MET Police & Staff from Sutton Women's Centre.

The [White Ribbon Walk](#) will end at Unity Junction for the soft launch of 'Building a Safer Sutton for Women and Girls', a new Women's Safety Charter by Sutton Women's Centre from 2-4pm.



### 26 NOVEMBER

#### Free Events in Sutton to Raise Awareness Around Gender Based Violence

[Sutton Women's Centre](#) are running various events to support the 16 days of activism in person or online. Tickets are free and bookable [HERE](#), where you can also donate to Sutton Women's Centre.

**Lunch and Learn: VAWG Through An Intersectional Lens** - 12.30pm till 1.30pm. [Book here](#).

### 27 NOVEMBER

#### Safety and Support for Women

[HollieGuard](#), [WalkSafe](#) and [bSafe](#) are personal safety apps women can add to their phone to help them feel safe when walking alone.

[Bright Sky App](#) provides practical support and information on how to respond to domestic abuse.

[Sistah Space](#) is an organisation supporting African and Caribbean women affected by domestic and sexual abuse.

Join us at our [DA/ VAWG Champions and Forum](#) at LBS Civic from 2-4pm in room G1B. Email [Cathryn Tomnay](#) to participate.



### 28 NOVEMBER

#### Employee Assistance Programme

Health Assured has a range of resources available which can support you.

There are 2 main ways to access the service:

- To speak to someone, call 0800 028 0199.
- Download [The Wisdom App](#) using the registration code MHA261191.



### 29 NOVEMBER

#### Stand up against harassment

Please take a look at our [Sexual Harassment Toolkit](#) with dedicated support for staff and managers.

The Suzy Lamplugh Trust are also hosting free 'Stand Up Against Harassment' Bystander training sessions on 2nd, 3rd and 10th December which are virtual and can be booked by visiting the [Trust's website](#).



### What is an ally? 30 NOVEMBER

An ally is any person that actively aspires to support marginalised people through positive and conscious efforts. Please see the [White Ribbon Guidance on Male Allyship](#).

Anyone can be an ally, regardless of their gender, ethnicity, background - find out more in our [Women's allyship guide](#).

Join [RBK's We Speak Up](#) community event dedicated to raising awareness of gender-based violence and promoting safe, inclusive spaces for women and girls in sport.



## WHITE RIBBON DAY 2025 AND 16 DAYS OF ACTION



### 07 DECEMBER

#### Support in our Sutton Community

Find out more about [Sutton Women's Centre](#), a safe, women only space where women can access specialist support, advice, information and education to help them achieve their potential; develop their skills; and live free from domestic abuse.



### 08 DECEMBER

#### White Ribbon Ambassadors

Men are not simply the problem but also the solution. Becoming a White Ribbon Ambassador means that you are pledging to call out abusive and sexist behaviour.

White Ribbon also provides further resources on 'What Men Can Do' to tackle gender inequality and work to help end all forms of violence against women and girls.



### 09 DECEMBER

#### Inclusive Language

The words that we use to talk about people are important. Our choice of words can make someone feel engaged and included or ignored and excluded.

We have recently updated the LBS [Inclusive Language Guide](#) for staff who are looking to use language in a fully inclusive way.

SWC: [Male Allyship event](#) - 10am till 12pm ONLINE. [Book here](#). Follow up event to Male Allies sessions on 20/11.



### 10 DECEMBER

#### Human Rights Day 2024: Our Rights. Our Future. Right Now

Human Rights Day is celebrated worldwide on 10 December, marking the anniversary of the Universal Declaration of Human Rights (UDHR).

The UDHR is the world's most translated document, available in 577 languages from Abkhaz to Zulu.

The 16 Days of Activism serve to highlight violence against women and girls as the most pervasive breach of human rights worldwide.



### 11 DECEMBER

#### Make the White Ribbon Promise

As we come to the end of the 16 Days of Activism we encourage all LBS staff to make the White Ribbon Promise

You can make the promise online [HERE](#).

Thank you all for playing a part in ending violence towards women and girls.



### Continuing Advocacy

Men need to be a part of the conversation by taking the [White Ribbon Pledge](#). After sixteen days of advocacy, we hope that everyday can be an opportunity to make our communities a safer place for women and girls.

Combating violence against women and girls means being an active ally both inside and outside of the workplace - and not just for 16 days a year.





Cognus

No Limits on Learning

## SUTTON'S SEND LOCAL OFFER



SCAN ME

- A PLACE TO FIND INFORMATION AND SUPPORT FOR FAMILIES WITH CHILDREN AND YOUNG PEOPLE WITH SEND IT COVERS ALL AGES - FROM BIRTH TO 25 YEARS OLD - WITH INFORMATION AND SUPPORT FOR PROVIDERS. YOU CAN FIND INFORMATION ABOUT THE SUPPORT AND OPPORTUNITIES AVAILABLE LOCALLY.

### WHAT IS THE SEND LOCAL OFFER?

FIND SUPPORT AND INFORMATION ON THE WEBSITE.  
SEARCH FOR SERVICES RELEVANT TO YOURS AND YOUR CHILD'S CIRCUMSTANCES.  
SERVICES TAGGED WITH 'SEND LOCAL OFFER' SUPPORT CHILDREN AND YOUNG PEOPLE WITH A LEARNING DISABILITY AND/OR SEND.



### WHATS INCLUDED ON THE SEND LOCAL OFFER?



LOCALOFFER@SUTTON.GOV.UK



[www.facebook.com/groups/suttonlocaloffer/](https://www.facebook.com/groups/suttonlocaloffer/)



# WINTER FESTIVAL 2025

Add some sparkle to your season –  
family fun and festive magic

Saturday 6 December  
1pm - 6pm  
Tadworth Court  
Surrey KT20 5RU

Visit Santa, get crafting,  
browse our market, enjoy tasty  
treats and more, at our family  
Christmas festival



✉ [thechildrenstrust.org.uk/winter-festival](https://thechildrenstrust.org.uk/winter-festival)  
📧 [events@thechildrenstrust.org.uk](mailto:events@thechildrenstrust.org.uk)



Registered with  
**FUNDRAISING  
REGULATOR**

The Children's Trust, Tadworth Court, Tadworth, Surrey KT20 5RU  
Registered charity number 288018 TCT\_2260 10/25



  
**The Children's Trust**  
For children with brain injury





## Sutton Neurodevelopmental Needs One Stop Shop

**Support and advice for families with neurodevelopmental (ND) related needs like social skills, concentration levels or coping with change.**

A new drop-in service for Sutton families of children and young people aged between 5-18, with challenges which may be related to a neurodevelopmental presentation (Autism or ADHD). This could include emotional difficulties, behavioural challenges, problems with sleep, friendship issues, sensory difficulties, attention and concentration difficulties, and hyperactivity and impulsivity. Our health and care professionals can provide information, advice and signposting, and help you access services.

- Drop-in service - no need to book
- Supportive and friendly environment
- Attend as a family, on your own or with other people who care for the young person (young people must be accompanied)
- All families from Sutton are welcome, whether or not you are on a waiting list
- No diagnosis needed
- Attending will not change your position on any waiting list

### The Sutton ND Needs One Stop Shop will be held at:

Sutton Carers Centre  
Sutton Gate, 1st floor  
1 Carshalton Road  
Sutton, SM1 4LE

### Opening hours:

- 01 December 2025, 13:00-16:00
- 15 December 2025, 13:00-16:00
- 12 January 2026, 13:00-16:00
- 26 January 2026, 13:00-16:00
- 09 February 2026, 13:00-16:00
- 23 February 2026, 13:00-16:00



For more information contact  
[needsbasedneuro@swlstg.nhs.uk](mailto:needsbasedneuro@swlstg.nhs.uk)



## Education Wellbeing Service Webinar

### Building Strong Bonds: How to build Healthy and Secure Attachment/Relationships with Children

Join us for an insightful workshop designed for parents and carers, where we will explore the Circle of Security model, a proven approach to fostering secure and healthy attachments with children.

This session will guide you through the fundamental principles of the model, helping you understand your child's emotional needs and how to respond in ways that build trust and security.

You will learn strategies to enhance your caregiving skills, promoting a strong, supportive bond that nurtures your child's development and well-being.

**NHS**  
South West London and  
St George's Mental Health  
NHS Trust

Education  
Wellbeing  
Service



#### DATE / TIME

Monday 8th December  
1.00-2.00pm



Scan the  
QR code  
or  
[click here](#)

#### LOCATION

Online - Hosted on Teams

Sign up to either event  
for free on Eventbrite  
by scanning the QR Code.

You can also check out  
our other events by  
[clicking here](#)

[wellbeinginschoolsevents@swlstg.nhs.uk](mailto:wellbeinginschoolsevents@swlstg.nhs.uk)

#### DATE / TIME

Thursday 11th December  
7.00-8.00pm



Scan the  
QR code  
or  
[click here](#)

## Education Wellbeing Service Webinar

### Understanding and Supporting Your Child's Sleep

The topic of sleep comes up a lot during our discussions with parents and carers and it's something that can impact the whole family.

During this webinar we'll look at why sleep is so important for our children, how to create the right environment and routine to aid high quality sleep, the importance of independent settling, and some common sleep challenges for families.

**NHS**  
South West London and  
St George's Mental Health  
NHS Trust

Education  
Wellbeing  
Service



#### DATE / TIME

Tuesday 9th December  
1.00-2.00pm



Scan the  
QR code  
or  
[click here](#)

#### LOCATION

Online - Hosted on Teams

Sign up to either event  
for free on Eventbrite  
by scanning the QR Code.

You can also check out  
our other events by  
[clicking here](#)

[wellbeinginschoolsevents@swlstg.nhs.uk](mailto:wellbeinginschoolsevents@swlstg.nhs.uk)

#### DATE / TIME

Tuesday 9th December  
7.00-8.00pm



Scan the  
QR code  
or  
[click here](#)





**EVERYONE**

**YOUR SCHOOL**

**HAS BEEN ADOPTED**

by your local Everyone Active Centre

A variety of **2 week** offers are available for parents /guardians, school pupils, & school employees.

**Scan the QR code to explore what's on offer!**

Your adopting centre:  
Cheam Leisure Centre



everyone  
ACTIVE





## Headteacher's Award

### HPL focus: VAAs



Nursery: Pagalavan  
Avon: Eva  
Ember: Enes  
Thames: Anna  
Cherwell: Mikel  
Ribble: Eleni  
Waveney: Liana  
Beverley: Aleena  
Eden: Elise  
Mole: Karthik  
Fleet: Theekshan

Kennet: Isobel  
Mersey: Cici  
Dart: Rion  
Lea: Keona  
Tay: Xiaoyun  
Medway: Akaran  
Tweed: Aadhya  
Tyne: Isla K.  
Derwent: Ethan  
Trent: Aimee  
Wandle: Ethan

## Class of the week

Congratulations to the following classes:

**Infants:** Y2 Beverley Class

**Juniors:** Y6 Trent Class

for their excellent behaviour! Beverley Class will have access to the 'Top Fun Bus' whilst Trent Class can go on the 'Trim Trail' or – if wet – use the School Council's Drawing Box!

## Lunchtime Awards

Y1 Cherwell Class (Infants) and Y3 Kennet Class (Juniors) for showing great manners in the dinner hall at lunchtime! Cherwell Class will have the privilege of dining at the very special '**top table**' in the hall, whereas Kennet Class have exclusive access to the **Reading Shed**.

## School Awards

**Bronze:** Sam, Kirish and Harrison.

## Dates for your diary (please also check the Calendar on the website)

### Autumn Term 2025

Last Day of the Autumn Term

Friday 19<sup>th</sup> December at 2pm

