

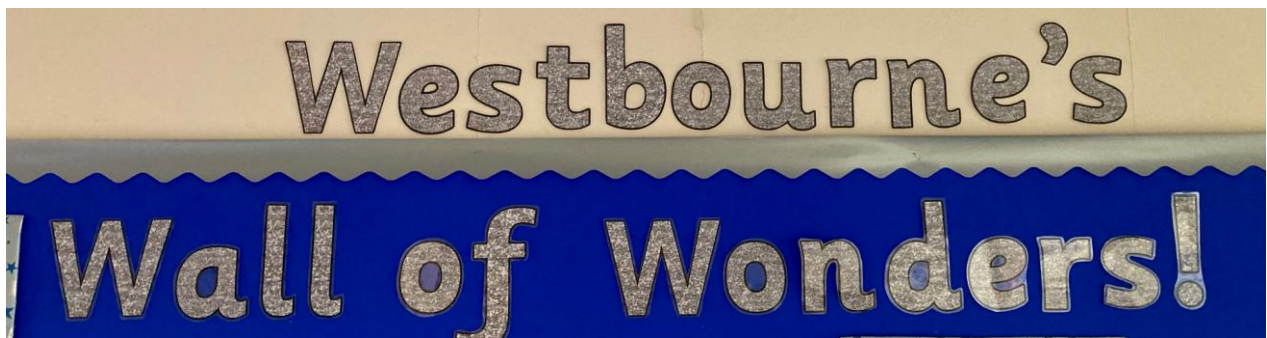


WESTBOURNE PRIMARY SCHOOL NEWSLETTER



We're on Instagram @westbourne.primary

24th October 2025



Wall of Wonders Display

Congratulations to Agaran in Nursery Class and Aadhira in Y3 Fleet Class for having used their HPL skills (see below) to produce some beautiful pieces of Art. Their work is now proudly displayed on our Wall of Wonders outside of Mr Miracapillo's office - well done children!



Boys' Football – First Game of the Season

A thriller at the Crescent!

Westbourne welcomed last season's finalists *Dorchester* to Anton Crescent for their first league match of the season last Friday. This game from start to finish had pure quality all over it - both teams looked to play highly attractive, free-flowing football. You could see why *Dorchester* were so successful last campaign; however, the new-look Westbourne side were not fazed one bit! Kirish 'captain fantastic' led by example, and his central midfield partner Alfie ensured at times we played some excellent passing football. The very few times our defence was tested: Sam, Benji and Sumithran defended outstandingly, not putting a foot wrong to completely shut the away side out.

Come full time the game ended 0-0. Speaking with teachers from both sides, the *Dorchester* coach and the referee, it was agreed that it was one of the best games and highest standard of school football to have been played in many years.

Boy of the match: Sumithran: the first time playing for the school football team, and what a performance. He kept arguably the best player on the pitch quiet for the entire game - what a debut!

Very well done to all the boys for what was a fantastic performance - the work rate and the attitude was second to none.

We look forward to our second league game against Devonshire on Monday (see below).

Boys' Football – Second Game of the Season

Wonderful Westbourne Win!

Westbourne played their second league game of the season in as many days last Monday. After a high-quality, intense game of football against *Dorchester* last Friday afternoon, the boys were ready to face Devonshire. The north Sutton side looked a big, strong team - a different type of opponent to the smaller, technical side that we faced in their first league game.

The game was rather scrappy at times as the sheer amount of rain made it really challenging - controlling the ball as it skidded off the surface being the number one factor! We continued to look the better side but were caught out on the break and ended up going a goal down. Funnily, the game then followed a pattern - quick fire goals from Raiden and Alfie put us 2-1 up; however, just before half time, the away side levelled: 2-2.

At half time, the side changed formation: with Alfie, Kirish and Harrison playing in central midfield we gained a stronger foothold on the game, dominating possession and territory. The goals soon came - a wonderful strike from distance into the top corner from Kirish and then sheer determination and hard work saw Harrison find the back of the net. Two more quick fire goals, 4-2 to Westbourne. Moments before the full-time whistle Devonshire scored a consolation goal.

Westbourne 4-3 Devonshire.

It's safe to say the boys have started the season very well, four points from a possible six - excellent! Well done to the four boys for scoring your first goals of the season. A special mention to Harry who has shown great commitment to the team and adaptability playing in several positions.

Boy of the match: Raiden - scoring his first ever goal for Westbourne and the first for the team. What a moment! Congratulations Raiden.



Winter School Uniform – Autumn 2

When we come back after the half-term break on Monday 3rd November, children are expected to wear the **full winter uniform**, i.e.: **Black School shoes**, Cardigans (Navy), Jumper (Navy), **School tie** (which can be purchased at the school's office), Grey shorts/trousers, Navy/Grey skirts or pinafore dresses, White shirt/blouse. **The P.E. kit uniform** (to be worn on P.E. days) comprises of: a white T-shirt, navy shorts, navy jogging bottoms, school jumper and a pair of trainers. Parents will be informed when their child has P.E. during the week. More information is on our website:

<https://www.westbourne.sutton.sch.uk/school-uniform/> Please remember to name ALL uniform items!



Y5/6 Online Safety Workshops

This week, the Year 5/6 children took part in a very informative and thought-provoking workshop led by Steve Welding, Cognus Education E-Safety Adviser. The workshop is part of our Computing as well as PSHCE curriculum, and it is designed to equip our children with the knowledge and skills to stay safe in the digital world.

The session explored some key areas of online safety, including:

- Protecting personal information and understanding what's safe to share online.
- Spotting online risks such as: scams, cyberbullying, and inappropriate content.
- Understanding digital footprints and how online actions can have lasting effects.
- Safe and respectful use of social media, even before reaching the age requirement.
- Knowing when and how to ask for help, including reporting concerns to trusted adults.
- Through real-life scenarios, group discussions, and fun quizzes, our children learned practical tips and confidence to make smart choices online. The workshop was a valuable part of our commitment to preparing children for life in a connected world.





September Attendance – Infant and Junior Classes of the Month

INFANTS – Congratulations to **YR Ember Class** and **Y2 Beverley Class** for jointly winning the Infants Attendance 'Class of the Month' trophy with 99% – a fantastic result! In second place came Y2 Mole Class (again) with 97.1%; in third place was Y1 Ribble Class with 96.8%.

JUNIORS - Congratulations to **Y3 Mersey Class** and **Y5 Medway Class** for jointly winning the Juniors Attendance 'Class of the Month' trophy with 98.5% - a great result! In second place came Y6 Wandle Class with 98.1%; in third place was Y3 Fleet Class with 97.8% - well done!

Year 3 Local Walk

This week, Year 3s went on a lovely local walk to explore the area of Sutton, which is our topic this term.

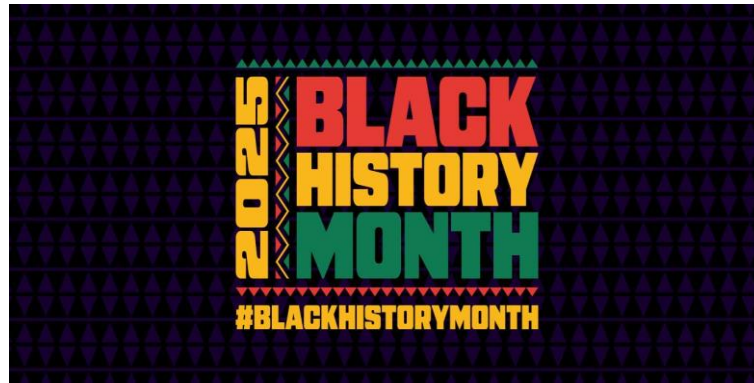
We experienced all kinds of weather — from sunshine to a sudden rainstorm, which the children particularly enjoyed! As we explored the streets, the children spotted different human and physical features and recorded them on their maps using symbols.

Back in class, they used their notes to create their own maps inspired by Ordnance Survey designs, complete with keys and clear labels. The children showed great enthusiasm, teamwork, and fantastic geographical skills throughout the trip. We are very proud of our budding geographers!

Nursery and Reception – well done!

Congratulations to all our new Nursery and Reception children who have settled so well into life at Westbourne. From their very first days, they have shown great enthusiasm and curiosity, quickly becoming confident, happy members of our school community. It has been a joy to watch them form new friendships, embrace routines, and make great progress in their learning and development. Their smiles and eagerness to take part in school life truly reflect how much they are enjoying their time at Westbourne. We are so proud of them all.





Black History Month

Last week, we celebrated Black History Month with the inspiring theme 'Standing Firm in Power and Pride.' The children learned about a range of remarkable individuals who have made a lasting impact on history and our world today. We explored how their achievements showed courage, determination, and pride in who they are. Additionally, we linked these inspiring stories to our High Performance Learning (HPL) skills — such as empathy, resilience, and creative thinking — to understand how these qualities helped each person stand firm in their beliefs and make a difference. We also used our oracy skills to share ideas, lead discussions, and present our learning with confidence. The week was filled with reflection, creativity, and celebration as we honoured the strength and pride of those who have shaped history. Well done, everyone!



WFA Christmas Fair

Dear parents/carers,

Our much loved and very popular Christmas Fair is back again on the 29th of November, and we need your help.

We are looking for **volunteers!**

We need **help setting up** on the 28th of November afternoon, from 1.30pm , to move things over to the New and Old Hall and generally getting things ready for Saturday.

If you can spare some time, even if only for an hour, on the 29th of November, come and give us a hand please. We need help setting up, running stalls and to clean up after the Fair.

In the run up to the Fair, we are planning on 2 Mufti days as usual, where we ask for your kind donations.

First Mufti Day is on 24th of October. Please see the list for the first Mufti Day donations on the next page.

!!! SANTA WANTED !!!

If you love all things Christmas, getting into character and working with children, we would love to hear from you!

It would be very sad to close the Grotto early, if we can't find someone else to cover 1pm to 2.30pm.

We are asking our lovely bakers to once again kindly bake and donate some lovely cakes, cookies, brownies, cup cakes etc.

We also welcome shop bought items, not only home made ones.

The baked goods can be taken to the school office on the Friday 28th November afternoon, or on the morning of Saturday 29th Strictly NUT FREE . Please label your container/plate/box clearly with ingredients and your name/child name and class if you wish to get the container back.

We need any unwanted new gifts and also look for donations of elf suits and Christmas decorations. If you have any in good condition please drop them at the school office for the attention of WFA. Thank you.

If you can help, or for more information please let your class reps know, or email on wfa.sutton@gmail.com

Thank you!

WFA



24th October 2025



Christmas Fair – Fundraising Support Needed

Butler's Homes have agreed to sponsor our Christmas fair again for the 4th year - if we can meet a small target of 50 boards - and are making us another personalised Christmas themed board.

Every board that is put up outside the home of a parent or family member in Sutton leading up to the Christmas Fair for a few weeks generates money for the school.

Last year 50 parents helped us raise £700 through boards alone!

Can you help us this year raise money for the school in exchange for having a board outside your home for approx 4-5 weeks? They are removed 2 to 3 days after the event.

All you need to do is supply us with your name, address and contact number and we take care of the rest.

If you are willing to have a Christmas board up outside your home to help raise funds for the school, please contact wfa.sutton@gmail.com

Thank you

The WFA



Poppy Appeal

Every year Westbourne support the 'Poppy Appeal'.

After Half Term, we will come round to each class with a box of poppies for you to buy for a small donation. Your donation is anything you feel you can contribute, but we suggest a minimum donation of 20p.

Please help us support this very worthy cause.

Thank you.





Friday 7th November

Harvest Collection

At Westbourne, we are collecting food to donate to Sutton Night Watch, who provide services for homeless people in and around Sutton.

Foods you could bring: tinned foods, pasta sauces, chocolate bars, biscuits, crisps, cereal, UHT milk, tea/coffee/sugar

SUTTON NIGHT WATCH
WE ARE THE LIGHT IN THE SHADOWS

Westbourne Primary School
EXCELLENCE IN LEARNING
PROGRESS THROUGH SUCCESS



For Parents - Instagram AI Content PG13

Instagram have come out with their latest 'we prioritise teen safety' feature. This time they have introduced a new way for parents to manage their teens' access to one-on-one chats with AI characters. Teen accounts are now to be guided by PG13 movie ratings, which means that users should only see content that's similar to what they would see in a PG13 movie by default.

AI characters (chatbots) are a significant concern. They were introduced into many apps around 3 years ago and there continues to be reports of multiple failures of so-called safety guardrails with children being exposed to chats, advice and guidance which is entirely age-inappropriate.

The new features:

- Allow parents to turn off their child's access to one-on-one chats with AI characters entirely.
- Allow parents to block specific AI characters.
- Parents will get insights into the topics their children are chatting about with AI characters.

You can find a more in-depth explanation [HERE](#) for the AI chatbots and [HERE](#) for the teen/PG13 accounts.





School Council's Best Behaviours!

- ✓ **Respect others at all times**
- ✓ **Look after friends and school property** - *Concern for Society*
- ✓ **Be grateful for your friends, teachers and opportunities**
- ✓ **Follow instructions given by all adults**
- ✓ **Be responsible for your choices and actions** - *Self Regulation*
- ✓ **Use your manners wherever you are**
- ✓ **Include everyone** - *Collaboration*
- ✓ **Think before you speak**
- ✓ **Play kindly and safely**
- ✓ **Try your best in everything you do**

❖ School Councillors have special stickers to reward children who follow these Best Behaviours

❖ There will be a weekly award for children who impress their School Councillor





We're a Voice 21 Oracy School!

Voice 21 is the national charity that advocates for and supports schools in delivering a high-quality oracy education. In continuing our relationship with Voice 21 for another year, we are part of a network of over 1,100 Voice 21 Oracy Schools across the UK that are transforming teaching and learning through talk.

Why oracy matters?

Oracy is articulating ideas, developing understanding and engaging with others through speaking, listening and communication.

We actively invest teaching time into creating "talk-rich" classrooms, valuing every student voice, boosting confidence, and preparing our students for their futures.

- Speaking and listening skills are critical foundations for reading and writing.
- Students with better oral language skills are more likely to achieve the highest grades in GCSE Maths and English.
- Young people with good communication skills are less likely to have mental health difficulties.

By teaching students to become effective speakers and listeners, we empower them to understand themselves, each other, and the world around them better.



Why are we a Voice 21 Oracy School?

As a Voice 21 Oracy School, we are placing oracy at the heart of our teaching and learning across all subject areas enabling students to develop and deepen their knowledge and understanding through talk in the classroom.

In Voice 21 Oracy Schools:

- 89% of students agree/strongly agree that speaking and listening has helped them make progress with their school work.
- 77% of teachers said that oracy had boosted attainment.
- 96% of teachers said that oracy is an essential part of teaching and learning.

Find out more about oracy and Voice 21 [here](#)



HPL at Westbourne

As a re-accredited HPL World Class School (<https://primarysite-prod-sorted.s3.amazonaws.com/westbourne-primary-school/UploadedDocument/013b69d7-a2ed-4e8b-a945-632118753e46/newsletter-11th-july-2025.pdf>), we will continue to optimise and systematise HPL at Westbourne (for children, staff and parents, too) as members of the prestigious HPL Fellowship and Global Community.

If you are new to the school and/or wish to find out more about HPL, please find below a couple of posters summarising the HPL skills; you can also find more information by clicking on our website's HPL navigation tab: <https://www.westbourne.sutton.sch.uk/topic/hpl>

There is also a wealth of assemblies on HPL competencies on the school website: <https://westbourne-primary-school.primarysite.media/playlist/school-assemblies-spring-term-2021>



How do High Performing Learners behave?

- Collaborative
- Concerned for society
- Confident

Empathetic



- Enquiring
- Creative and enterprising
- Open-minded
- Risk-taking

Agile



- Practice
- Perseverance
- Resilience

Hardworking



How do High Performing Learners think?



- Intellectual playfulness
- Flexible thinking
- Fluent thinking
- Originality
- Evolutionary or revolutionary thinking

Creating



- Meta-cognition
- Self-regulation
- Strategy planning
- Intellectual confidence

Meta-thinking



- Connection finding
- Generalisation
- Imagination
- 'Big picture' thinking
- Seeing alternative perspectives
- Abstraction

Linking



- Critical or logical thinking
- Precision
- Complex and multi-step problem solving

Analysing



- Automaticity
- Speed and accuracy

Realising

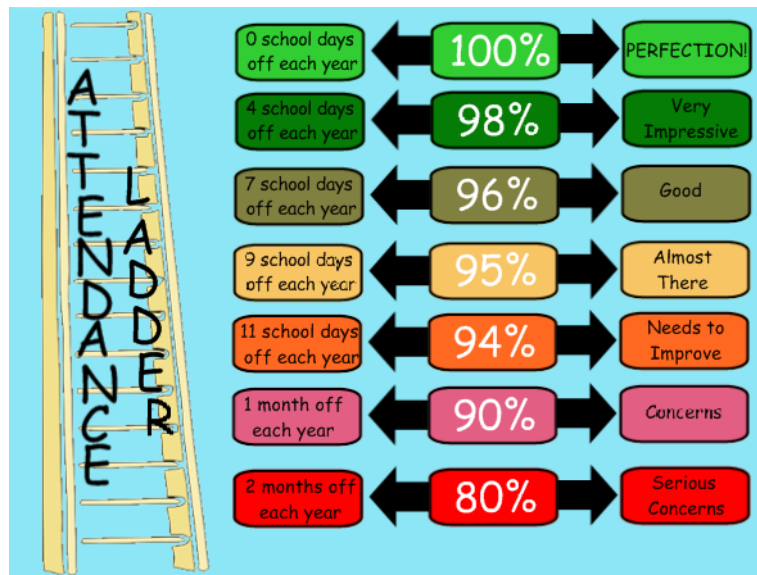


School Matters!



Weekly Attendance

Class	%
Ember	98.7
Thames	94.3
Avon	94.3
Cherwell	87.3
Waveney	88.7
Ribble	91.0
Eden	90.7
Beverley	97.0
Mole	96.0
Mersey	96.7
Kennet	96
Fleet	99.0
Lea	91.0
Tay	95.0
Dart	97.3
Medway	97.0
Tyne	91.7
Tweed	96.0
Trent	95.0
Derwent	95.0
Wandle	96.7



This Week's Overall Attendance

Attendance has dropped this week, averaging at **94.5%**. Let's get it back up to at least 96% after the break!



Online Safety: YOUTUBE

Important information about *What Parents & Educators Need to Know about YOUTUBE* from The National Online Safety: <https://nationalonlinesafety.com/>

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about YOUTUBE

Almost anyone with an internet connection knows YouTube. The Google-owned site lets anyone upload videos to be shared around the world, and as a result, it's an incredible resource with instant free access to material covering every conceivable topic. But with over 500 hours of video uploaded every minute, not all of it will be appropriate for young eyes.

WHAT ARE THE RISKS?

INAPPROPRIATE CONTENT

YouTube is free and can be accessed via numerous devices, even without creating a YouTube account. Some content is flagged as 'age-restricted' (requiring the user to be logged into an account with a verified age of 18), but children can still view some mildly inappropriate content. This can include profanity and violence, which some young users may find upsetting.

CONNECT WITH STRANGERS

YouTube recommends videos related to what the user has previously watched on their account, aiming to provide content that will interest them. This is intended to be helpful but it can also lead to binge-watching and screen addiction – especially if 'auto-play' is active. Users without an account are shown popular videos from the last 24 hours, which might not always be suitable for children.

RADICALISATION

YouTube's algorithm tends to promote content that's getting the most traffic – a lot of which can be quite extreme. This can be fine for harmless topics, but YouTube isn't regulated like television, and that means that conspiracy theories, fake news and hateful ideologies can occasionally surface to warp impressionable minds all too easily. Remember – the more they watch, the more they'll be recommended.

CONNECTING WITH STRANGERS

YouTube is a social media platform which allows people to interact with other (usually unknown) users. Account holders can leave comments on any video they have access to, as well as message other users directly. Connecting with strangers online can potentially lead to children being exposed to adult language, cyberbullying and – in the worst cases – online predators. If a child is creating content themselves, this can increase the likelihood of them becoming a target.

TRENDS AND CHALLENGES

YouTube is teeming with trends and challenges, some of which are fun to watch and join in with. Children often find these immensely entertaining and might want to try them out. Most challenges tend to be safe, but many others may cause physical or emotional harm to children who watch or copy them. The painful 'salt and ice challenge' – where people use these two ingredients to burn their skin – is just one of many examples.

SNEAKY SCAMMERS

The comments sections of popular content creators regularly have scammers posing as that influencer, attempting to lure users into clicking on their phishing links. Scammers impersonate YouTubers by adopting their names and profile images, and often offer cash gifts or 'get rich quick' schemes. Children may not realise that these users aren't who they claim to be.

Advice for Parents & Educators

APPLY RESTRICTED MODE

For older children, Restricted Mode is an optional setting that prevents YouTube from showing inappropriate material (such as drug and alcohol abuse, graphic violence, and sexual content) to underage viewers. To prevent children from chancing across age-inappropriate content on the platform, we would recommend enabling Restricted Mode on each device that they use to access YouTube. It's worth also turning the auto-play feature off, to prevent YouTube's algorithm automatically recommending something inappropriate.

18 CENSORED TRY GOOGLE FAMILY

Creating a Google Family account allows parents and carers to monitor what their child is watching, uploading, and sharing with other users. It will also display their recently watched videos, searches, and recommended videos. In general, a Google Family account gives a parent or carer oversight of how their child uses sites like YouTube and helps to ensure that they are only accessing appropriate content.

MONITOR ENGAGEMENT

YouTube is the online viewing platform of choice for billions of people, many of them under 18. Younger children will watch different content to older ones, of course. You may want to keep an eye on how children interact with this material – and, if applicable, with content creators – to understand what they're interested in. Remember that creators often share content outside of YouTube, so don't ignore their web presence elsewhere!

CONSIDER YOUTUBE KIDS

It's possible to sidestep most inappropriate content completely via Google's own YouTube Kids app for Android handsets and iPhone. This lets you filter content by "preschool" (4 and under), "younger" (ages 5 to 8) and "older" (ages 9 to 12). This isn't a perfect substitute for personal supervision, as the app's filtering system is automated, and Google can't manually review all videos.

CHECK PRIVACY SETTINGS

YouTube gives users the option of uploading videos as 'private' or 'unlisted' – so they could be shared exclusively with family and friends, for example. Comments on videos can also be disabled and channels that a child is subscribed to can be hidden. If the child is only uploading videos set as 'private', they are far less likely to receive direct messages from strangers.

LIMIT SPENDING

Although YouTube is free, it does offer some in-app purchases. For example, users can rent and buy TV shows and movies to watch. If you'd like to avoid children purchasing content online, limit their access to online payment methods. Many parents have discovered the hard way that a child happily consuming a paid-for series quickly leads to an unexpected bill!

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.

#WakeUpWednesday

The National College

X @wake_up_weds f /www.thenationalcollege @wake.up.wednesday @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Release date: 26.01.2023 Last reviewed: 31.05.2024



Let's Focus on Art – The Westbourne Gallery

As you may be aware, a couple of years ago we invested in a wonderful Art Gallery at school: many beautiful paintings (quality prints on canvas, despite some children still asking whether they are the originals...) are adorning the walls of the New Build staircase.

This week, we are focusing on: *The Great Wave*, by Katsushika Hokusai, Japan – 19th Century.



The Great Wave of Kanagawa (1830-32) print

Original– Ink

Katsushika Hokusai

Tokyo, Japan (1760-1849)

The Great Wave off Kanagawa, also known as The Great Wave or simply The Wave, is a woodblock print by the Japanese ukiyo-e artist Hokusai. It was published sometime between 1829 and 1833 in the late Edo period as the first print in Hokusai's series Thirty-six Views of Mount Fuji.





SAFE SPACES SUTTON

DO YOU WANT TO BE A COMMUNITY GUARDIAN?
DO YOU WANT TO BE AN ACTIVE BYSTANDER?
WOULD YOU KNOW WHAT TO DO IF YOU SEE SOMETHING OR SOMEONE
WHO'S HURT? .

3 FREE WORKSHOPS
to empower local businesses
and community members to
recognise risks, feel supported
and play a role in creating safe
spaces across Sutton

Workshops can be attended individually
or you can attend all day:

- **Basic life support skills;** including how to confidently use a community defibrillator and bleed contact kit
- **Violence Against Women and Girls** brought to you by Sutton Women's Centre
- **Contextual safeguarding;** looking at risks to young people and vulnerable adults outside of the home.

When

Each date features three individual workshops, which can be booked separately or enjoyed together as a full-day experience. Workshop times vary by date and each workshop is approx 2-3 hours long

Available dates

3rd November 2025

26th January 2026

16th March 2026

Times of Workshops vary depending of the day

Where

The Quad

Green Wrythe Lane

Carshalton SM5 1JW

To book, click on this link or scan the QR Code
<https://www.eventbrite.co.uk/e/safe-spaces-sutton-training-tickets-1803439007619?aff=oddtcreator>



About the day;

What: Practical training for local community members on risks to young people and vulnerable adults outside the home; grooming, exploitation, peer pressure, county lines, youth violence, women's safety and unsafe relationships. With basic life support training.

How: Interactive, real-life examples and discussions to build knowledge, confidence and clear pathways to support

Why: To empower community members to recognise risks, feel supported and play a role in creating safe spaces across Sutton, where vulnerable people know they can turn for help



75%-88% of women report feeling unsafe in their own communities after dark. 40%-65% of women report feeling unsafe in their own communities during the day.

Sutton Women's Centre support everyone in the community to understand that women's safety is a shared responsibility and teach people how to challenge unsafe behaviour and language.



The Paul Alan Project are a registered Sutton based charity. In 2 years, since Clare founded the charity, they have provided free basic life support training to over 2400 people and installed over 50 defibrillator and bleed control kits across the boroughs of Sutton, Merton, Kingston and Croydon.



Community Safety and Contextual Safeguarding Leads who educate local community members on risks to young people through real-life examples and discussions to build knowledge and confidence; empowering community members to recognise risk, feel supported, and play a role in creating safe spaces across Sutton.





TALK MONEY WEEK 2025

Not only do we have Your Community Hub up and running all week, we will also be taking over lots of existing groups you may already go to, or perhaps would like to join for the week. Check out our Pop-Up Programme here:

SUTTON POP-UP PROGRAMME

Mon 3rd Nov	Weds 5th Nov	Thurs 6th Nov	Fri 7th Nov
Sutton Housing Partnership Coffee & Finance Chit Chat Crownebourne Court 2-4pm Sutton Carers Centre Chill & Learn Savings Homework Club Sutton Gate, 1 Carshalton Rd, Sutton SMI 4LE 3.30-5pm LGBTQIA+ Yoga & Healthy Relationships Oru, 7 Throwley Way, Sutton SMI 4AF 6.30-9pm	Sutton Domestic Abuse Support Services Sutton Baptist Church 21 Cheam Road Sutton SMI 1SN 9.30-11.30am Chatty Wednesday for our over 50s Oru Sutton 7 Throwley Way, Sutton SMI 4AF 1-3pm	People Arise Now - Save it, Cook it! Community Hill House, Bishopstford Road, Carshalton SM4 6BL 9.30-11.30am People Arise Now - Men in Sheda! Community Hill House, Bishopstford Road, Carshalton SM4 6BL 6.30-8pm	Sutton Housing Partnership Coffee & Finance Chit Chat Shearing Drive 10-12pm Sutton African & Caribbean Cultural Organisation Friendship Friday Sutton Lodge 139 Brighton Rd, Sutton SM2 5SW 2.30-4.30pm

Come along & join us, because you are never alone in Sutton!

 Funded by
UK Government

SUPPORTED BY
MAYOR OF LONDON


Sutton





TALK MONEY WEEK 2025

Join Together for Sutton as we launch 'Your Community Hub' for Talk Money Week 2025 on Monday 3rd November for one week only!

Your go-to space for FREE information, advice, support, access to local services, daily breakfast, goodie bags & engaging activities.

YOUR COMMUNITY HUB PROGRAMME

Mon 3 rd Nov	Tues 4 th Nov	Weds 5 th Nov	Thurs 6 th Nov	Fri 7 th Nov
Savings & Scams!	Family Finances!	Over 50's Cream Tea	Volunteering & Jobs!	Mind & Movement!
Launch 9.30am	Breakfast 9.30am	Breakfast 9.30am	Breakfast 9.30am	Breakfast 9.30-10.15am
Breakfast 10am	Toddler Fun 10am - 12pm	Cream Tea 10am - 4pm	Volunteering 10am - 12.30pm	Coffee & Chat 1pm - 2pm
Services 10am - 4pm	Parents Talk 1pm - 3pm	Speak Up Sutton (SEND) 5pm - 7pm	Employability 1.30pm - 5pm	Zumba 2.15pm - 4pm
	Teens 3pm - 4pm			

Your Community Hub, 188 High Street, Sutton, SM1 1NR (the old TazZa Coffee Shop)

If you are a Sutton resident or professional, and you are not sure where to get help and support from, please contact our Together for Sutton team to speak to someone who can help!

020 8254 2616





Arguing Better

A course to help parents communicate better with each other

Disagreements are a normal part of life, and most couples argue from time to time. The way you approach these conversations can make a big difference to you, your partner, and your children.

Would you like to learn healthy ways to deal with stress and conflict?

If yes please come and join us at:

Carshalton Family Hub & Children's Centre
Tweeddale Road, SM5 1SQ

Wednesday 12th November 2025

Start at 9.30am

Finish 12.30pm

More information contact parenting: 07873 702777

Parents only

Must have a child under 19 years or 25 years with SEN living at home and be a resident of Sutton. **Please note:** Both parents don't need to attend together

**To book your space
please scan the QR code**





Getting it Right for Children

A course designed to help you parent cooperatively. When parents are separating or separated, children can often get caught in the middle.

Getting it right for children is designed for separating or separated parents who want to reduce conflict and communicate better with their child's other parent.

Parents only

Must have a child under 19 years or 25 years with SEN living at home and be a resident of Sutton.

Please note: Both parents don't need to attend together

To book your space please scan the QR code



Carshalton Family Hub & Children's Centre

(Previously Known as Tweeddale)

Tweeddale Road, SM5 1SQ

Friday 21st November 2025

Start at 9.30am

Finish 12.30pm

More information contact parenting: 07873 702777



Slow Cooker Club

Free 4 week course

Dates available from November 2025 to March 2026

Choice of Venue:

**Carshalton Family Hub &
Children's Centre SM5 1SQ**

Tuesday's 12:30pm - 2:30pm

or

**Vanguard Community Centre
Wallington SM6 9JL**

Friday's 12:30pm - 2:30pm

- Light Lunch provided
- All ingredients supplied
- Discover tasty recipes for the whole family
- Budgeting / money saving tips
- Chat and cook

Parents only

Must have a child under 19 years or
25 years with SEND living at home

To book your space please use
the QR code



Only one space per household
Spaces allocated on a criteria basis



Free Slow Cooker*

*subject to criteria





TRANSITION FROM CHILDREN SERVICES TO ADULT SERVICES

WORKSHOP FOR PARENT/CARERS

An opportunity for parents and carers to learn more about the transition of young people with SEND from children to adult services in Sutton

**SPACES ARE LIMITED
REGISTER NOW**

Email: localoffer@sutton.gov.uk

With:

Claire Jackson, Designated Social Care Officer

Meera Padhair, Transition Team, Adult Social Care

Emma Morris, Lead EHCP Coordinator

 10.30am to 11.30 am

 Thursday 13th November 2025

 Westcroft Leisure Centre,
Westcroft Road,
Carshalton SM5 2TG.



PARENT TRAINING WORKSHOPS

3 October	12:00-3pm	Sensory Regulation day to day strategies and practical workshop - Primary
23 October	9:30-12	Emotional Regulation practical workshop - Primary
7 November	9:30-12:00	Sensory Regulation day to day strategies and practical workshop- Secondary
5 December	12:00-3pm	Emotional Regulation practical workshop- Secondary
12 December	9:30-12:00	Supporting communication and language skills – Primary
13 February	12:00-3pm	Preparation for Adulthood- Primary (motor skills and independence)
27 February	12:00-3pm	Supporting communication and language skills – Secondary
24 April	9:30-12	Preparation for Adulthood- Secondary (motor skills and independence)

INTERESTED?

Please sign up on the Cognus website.
We can't wait to see you there!



 JAKE CARRUTHERS
TENNIS COACHING





TENNIS CAMPS



OCTOBER HALF TERM



4-8 years

9am – 3pm
Mon 27 Oct to Fri 1 Nov



BOOK NOW   SCAN HERE

9+ years

9am – 3pm
Mon 27 Oct to Fri 1 Nov



BOOK NOW  SCAN HERE

Full Week Full Day		Full Week Half Day		Single Day		Single Half Day	
Member	non member	Member	non member	Member	non member	Member	non member
£168	£183	£94.50	£109.50	£37.80	£40.80	£20.25	£23.25



or for more information and to book Email Jake at:
JAKECARRUTHERS1@GMAIL.COM
OR VISIT **SUTTONCHURCHSTENNIS.CO.UK**





SURREY STARLETS CHEERLEADING

- Competitive Teams •
- Recreational Classes •
- Fun exciting classes •
- Carshalton and Epsom locations •

**CONTACT US FOR
MORE INFO**

JOIN NOW

Follow us 
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HALLOWEEN GAMES NIGHT

FUN GAMES - NO SCREENS - GREAT CAUSE



WE'RE HOSTING A SPOOK-TACULAR EVENING OF
GAMEPLAY AND GOOD COMPANY AT TRINCO IN
SUTTON ON 30TH OCTOBER - AND YOU'RE INVITED!

COME MEET OUR TEAM, TRY OUT SOME OF OUR
FAVOURITE GAMES, AND ENJOY A RELAXED NIGHT
OF FUN WHILE SUPPORTING CHARITY JIGSAW4U!

COSTUMES OPTIONAL, ENJOYMENT GUARANTEED.

📍 TRINCO, SUTTON

🕒 30TH OCTOBER, FROM 6PM

🎲 GAMES, LAUGHTER, AND LIGHT REFRESHMENTS





Headteacher's Award

HPL focus: VAAs

Nursery: Melissa
Avon: Nadia
Ember: Elif
Thames: Ellie
Cherwell: Andrea
Ribble: Athi
Waveney: Valerie
Beverley: John
Eden: Lilly
Mole: Harzhin
Fleet: Ivy

Kennet: Rohaan
Mersey: Cezar
Dart: Aiden
Lea: Mithun
Tay: Cora
Medway: Isabelle
Tweed: Lenny
Tyne: Mia
Derwent: Farhan
Trent: Lily
Wandle: Muneef

Smart Award

Congratulations to the following children for looking smart in their uniform around the school!



Avon: Ernie
Ember: Zayan
Thames: Koushani
Cherwell: Matthew
Ribble: Eleni
Waveney: Neelgon
Beverley: Brendan
Eden: Gokulnath
Mole: Namsang
Fleet: Vithuraa
Kennet: Louis

Mersey: Ali Asgar
Dart: Louie
Lea: Yasmin
Tay: Kamen
Medway: Ismail
Tweed: Wafa
Tyne: Michelle
Derwent: Sally
Trent: Muhammad
Wandle: Adam

Class of the week

Congratulations to the following classes:

Infants: Y2 Mole Class
Juniors: Y5 Tweed Dart Class

for their excellent behaviour! Mole Class will have access to the 'Top Fun Bus' whilst Tweed Class can go on the 'Trim Trail' or – if wet - use the School Council's Drawing Box!

Lunchtime Awards

Y2 **Beverley Class** (Infants) and Y3 **Fleet Class** (Juniors) for showing great manners in the dinner hall at lunchtime! Beverley Class will have the privilege of dining at the very special '**top table**' in the hall, whereas Fleet Class have exclusive access to the **Reading Shed**.

Full colours



Congratulations to **Nicolas** in Derwent Class, **Amika** in Trent Class, and **Raiden** in Wandle Class for having been awarded the prestigious *Full Colours* – they are now Westbourne's ambassadors! They were presented with a Full Colours jumper and a School Colours badge in Assembly – well done! Who will be next?



School Awards

Bronze: Bethany and Jessica.

Dates for your diary (please also check the Calendar on the website)

Autumn Term 2025

WFA Little Recyclers

Thursday 6th November

WFA Mufti Day

Friday 21st November

WFA Christmas Fair

Saturday 29th November: 11am – 2pm

