High Performance Learning

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An introduction for parents

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Objectives

- To introduce HPL key concepts and principles
- To support parents working in partnership with the school to develop HPL skills and attributes
- To share ideas and activities for promoting high performance for all between school and home

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What is High Performance Learning?

High Performance Learning is a research-based philosophy that sees everyone as a potential high performer.

It uses a unique teaching and learning **framework** to systematically develop the thinking skills, values, attitudes and attributes needed for lifetime success.

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Why is high performance learning important now?

Our children are heading into a world we don't yet know. The pace of change is rapid, and knowledge is no longer enough on its own.



What skills do our children need most as they grow up and enter adulthood?

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Nature vs Nurture…

Everyone a high performer…



Talent vs hard work

Takes some longer to get there…



Its not ‘I can’t. Its ‘not yet’

The Power of ‘Yet’

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Parents as ‘MOVERS’

Children learn and develop because of the opportunities you give them, especially in the early years. When they start school help them to learn by:

- **Mind set -** believe they are capable of high performance and build their confidence
- **Ownership -** help them build confidence in their own ideas
- **Value -** education be positive about learning
- **Enjoy -** make learning playful and fun
- **Relationship -** spend time and do things with your child
- **Support -** help your child to be independent and to persevere when things are tough

A parent is a child’s first and longest serving teacher…

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0-7 Practical HPL parenting…

What you already do promotes high performance:

- **Language** – the bigger a child's vocabulary the more likely they are to be successful. Talk lots!
- **Reading** – rhymes, books, games, jigsaws, talk and more…
- **Numbers** – toys, games, sorting stacking, counting, shapes…
- **Writing** – mark making,, paint, sand, threading, gross and fine motor skills
- **Creativity** – draw, paint, model, sticking, imaginary games, characters, role play, playdoh…
- **Physical** – run, jump, climb, play, develops control, co-ordination, problem solving…

What else do you add?

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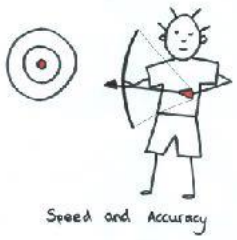
7 plus Practical HPL parenting…

Children find other authorities in their lives beyond their parents, they start to become more autonomous and independent. ‘Do what I do’

- **Conversation** – promote reason, dialogue and thinking, express opinions and hold views
- **Concentration** - is improving encourage them to spend time and effort on things, focus on things for longer
- **Practice** – support them to persevere even if something is hard and to work hard
- **Independence** – give children opportunities to do things for themselves and make their own decisions
- **Risk taking** - consolidate what they know and explore new opportunities
- **Look outwards** – start to see the bigger picture, talk about and watch the news or documentaries, see things beyond their own immediate experience

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HPL builds 'Advanced Cognition'







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Values Attitudes and Attributes (VAAs)

EMPATHETIC		
	Collaborative	The ability to seek out opportunities to receive responses to your work; present your own views and ideas clearly and concisely; listen to the views of others; be willing and able to work in teams; take a variety of roles and be able to emulate your own ideas and contributions.
	Concerned for society	The ability to know the contribution you can make to society for the benefit of those less fortunate; demonstrate citizenship and a sense of community ethos and recognise differences as well as similarities between people and parcels; be aware of your own and others' cultural heritage and sensitive to the ethical and moral issues raised by their studies
	Confident	The ability to develop a belief in your knowledge, understanding and action enough to be willing to change your beliefs based upon additional information or the arguments of others; deal with new challenges and situations including when this places them under stress.
AGILE		
	Enquiring	The ability to be curious; be willing to work alone; be proactive; keen to learn; show enterprise; think independently; challenge assumptions and require evidence for assertions, actively control your own learning, move on from the absorption of knowledge and procedures to develop your own views and solutions.
	Creative and enterprising	The ability to be open-minded and flexible in your thought processes; demonstrate a willingness to innovate and invent new and multiple solutions to a problem or situation; adapt your approach according to need; surprise and show originality in your work; developing a personal style; be resourceful when presented with challenging tasks and problems, using your initiative to find solutions.
	Open-minded	The ability to take an objective view of different ideas and beliefs; become more receptive to other ideas and beliefs based on the arguments of others; change ideas should there be compelling evidence to do so.
	Risk-taking	The ability to demonstrate confidence; experiment with novel ideas and effects; speculate willingly; work in unfamiliar contexts; avoid coming to premature conclusions; tolerate uncertainty.
HARD WORKING		
	Practice	The ability to train and prepare through repetition of the same processes in order to become more proficient.
	Perseverance	The ability to keep going and not give up; face obstacles and difficulties but never give up; persist in effort; work diligently and work systematically; not be satisfied until high quality, appropriate precision and the desired outcome are achieved.
	Resilience	The ability to overcome setbacks, remain confident, focused, flexible and optimistic; help others to move forward in the face of adversity.

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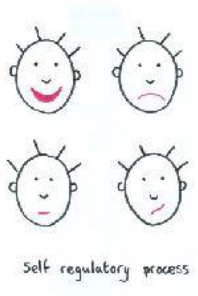
Advanced Cognitive Performance Characteristics (ACPS)

META-THINKING		
	Meta-cognition	The ability to knowingly use a wide range of thinking approaches and to transfer knowledge from one circumstance to others.
	Self-regulation	The ability to monitor, evaluate and self-correct
	Strategy-planning	The ability to approach new learning experiences by actively attempting to connect it to existing knowledge or concepts and hence determine an appropriate way to think about the work
	Intellectual confidence	The ability to articulate personal views based on evidence
LINKING		
	Generalisation	The ability to see how what is happening in this instance could be extrapolated to other similar situations
	Connection finding	The ability to use connections from past experiences to seek possible generalisations
	Big picture thinking	The ability to work with big ideas and holistic concepts
	Abstraction	The ability to move from concrete to abstract very quickly.
	Imagination	The ability to represent the problem and its categorisation in relation to more extensive and interconnected prior knowledge
	Seeing alternative perspectives	The ability to take on the views of others and deal with complexity and ambiguity
ANALYSING		
	Critical or logical thinking	The ability to deduce, hypothesise, reason, seek supporting evidence
	Precision	The ability to work effectively within the rules of a domain
	Complex and multi-step problem solving	The ability to break down a task, decide on a suitable approach and then act
CREATING		
	Intellectual playfulness	The ability to recognise rules and bend them to create valid but new forms
	Flexible Thinking	The ability to abandon one idea for a superior one or generate multiple solutions
	Fluent thinking	The ability to generate ideas
	Originality	The ability to conceive something entirely new
	Evolutionary and revolutionary thinking	The ability to create new ideas through building on existing ideas or diverting from them
REALISING		
	Automaticity	The ability to use some skills with such ease as they no longer require active thinking
	Speed and accuracy	The ability to work at speed and with accuracy

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How do High Performing Learners behave?

- Collaborative
- Concerned for society
- Confident

Empathetic



- Enquiring
- Creative and enterprising
- Open-minded
- Risk-taking

Agile



- Practice
- Perseverance
- Resilience

Hardworking



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Collaborative

To work as part of a team, share my ideas and listen to the ideas of others.



Empathetic Elephant

Confidence

Believe in yourself!
Try new things and be proud of your achievements.

Concerned for Society

Celebrate everyone's differences and be kind to others.

Empathetic
To be aware of your own beliefs, work as a team and show empathy towards others.

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Collaboration

(To the tune of 'The more we get together')

When we all work together, together, together
When we all work together, successful we'll be
With collaboration, with collaboration
When we all work together, successful we'll be

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Confident

(To the tune of 'If you're happy and you know it clap your hands')



Face your fears and have a go- be confident
Make mistakes, that's how you grow- be confident
Try new things so you succeed
And be proud as you achieve
Face your fears and have a go- be confident

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Perseverance

To keep going and never give up, even when faced with difficulties and obstacles.



Resilience

To overcome any problems I face and help my friends when they need help.



Hard-Working Hedgehog

Hard-working
To work hard until the best outcome is achieved, overcoming setbacks.

Practice

To repeat the same actions until I have mastered it.
'Practice makes Progress!'

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World Class School

Enquiring

Be independent and willing to question ideas. Be curious and develop your own views and solutions.



Agile Alligator

Open-Minded

Be open to new ideas and flexible in challenging your opinions.

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Creative and Enterprising

To be resourceful and use your initiative when faced with a challenge.

Agile

Question ideas, use your initiative and be open-minded.

Risk-Taking

Be positive and confident to try something new. Step outside of your comfort zone and don't be afraid of challenges.

Our School and HPL

- Central to our school development
- Helping to improve teaching and learning
- Raising standards, everyone can perform highly
- Changing the culture of learning
- Enabling us to be at the forefront of educational thinking and practice
- Working in partnership with children and parents

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To celebrate your child's HPL journey at home we are going to encourage you to let us know what HPL skill's your child has been using.

Like the WOW moments we currently use, we are going to send home a slip for you to tell us about the amazing things your child achieves using their HPL skills with their family. This could be that they have shown confidence at the park using different apparatus or that they have collaborated with you to tidy up or set the dinner table.

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Top Tips to help you on your HPL journey.

Model using the HPL skills yourself in your everyday context- Are you a Hard Working Hedgehog when you are putting up a flat pack?

Or maybe you are an Agile Alligator when the trains are on strike and you need to enquire about an alternative route.

When your child says the can't do something remember to add Yet to the end of their sentence.

Praising their efforts at home using the HPL animals.

Encourage your child to recognise when you or family members have used a HPL skill.

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