



PE and Sport Premium Plan - Westbourne Primary School

Summary information					
School	Westbourne Primary School				
Academic Year	2021-22	Total PE & Sport Premium (estimate)	£20, 780	Number of pupils 5 -11 (estimate)	510

Guidance

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The [School Sport and Activity Action Plan](#) set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the [Chief Medical Officers guidelines](#) which recommend an average of at least 60 minutes per day across the week).

Schools with 17 or more eligible pupils receive £16,000 and an additional payment of £10 per pupil over 5.

Use of Funds	Key Indicators for Improvement
Schools must use the funding to make additional and sustainable improvements to the quality of the physical education (PE), physical activity and sport they provide. The PE and Sport Premium will be used to: - develop or add to the PE, physical activity and sport that your school provides - build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years	Key indicators for improvement will be the engagement of all pupils in regular physical activity, for example by: - providing targeted activities or support to involve and encourage the least active children - encouraging active play during break times and lunchtimes - establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered - raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

Planned expenditure

i. A Qualified Sports Coach and PE Specialist works alongside teachers to enhance or extend opportunities offered to pupils

Desired outcome	Chosen approach and anticipated cost	Impact (once reviewed)	Staff lead	Review date?
Providing targeted activities or support to involve and encourage the least active children	- encouraging active play during break times and lunchtimes – Get Active and Sports Leaders - establishing & extending school sport clubs and activities or broadening the variety offered - Use of school's own Fitness video		AR	
Profile of PE and Sport is raised across the school	- actively encourage pupils to take on leadership or volunteer roles that support the delivery of sport and physical activity within the school - such as 'sport leader' - embedding physical activity into the school day through encouraging active travel to and from school, active break times and holding active lessons and teaching. Through School Travel Plan, Get Active Programme, Cycling initiatives - Links to schemes that bring high profile sports people into school to launch & promote Get Active Schemes & inspire resilience - Sports awards Scheme in school – School colours & annual sports boy/girl award - Sports Councillors elected by their peers		AR	
Broader experience of a range of sports and activities offered to all pupils	- Installation of outdoor gym - External specialist coaches – Basketball & Cricket - Cycle Training - Links with SSP to promote a wider range of activities		AR	
Increased participation in competitive sport	Taking part in local, Borough-wide and London-wide competitions		AR	
Raising attainment in primary school swimming	Targeting Y3-6 children to secure their swimming skills by the end of Y6		AR	
Budgeted spend 2021/22				£20,780