Westbourne Primary School

Relationships, Health and Sex Education Policy

Last updated: **September 2022**

Introduction and Purpose

Relationships Education in Primary Schools means teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults. Relationships Education is a key part of helping children and young people to stay safe and be well-prepared for life in modern Britain. This policy outlines the legal framework around Relationship Education for primary school pupils, how the curriculum is planned and quality checked and confirmation that from 2020 pupils cannot be withdrawn from these lessons by their parents.

Parents should be aware that all primary schools have to uphold the legal duties set out in the Equality Act 2010 and should not discriminate against any member of the school community.

Primary Relationships Education from September 2020

Parents will not be able to withdraw their children from any aspect of Relationships Education or Health Education (which includes learning about the changing adolescent body and puberty).

It is for primary schools to determine **whether** they need to **cover any additional content on sex education** to meet the needs of their pupils. At Westbourne, parents will be contacted when any sex education lessons are planned and will have the opportunity to withdraw their children from these. They will also have the opportunity to meet with the PSHE co-ordinator to ask any questions.

Parents will be able to withdraw their children from any aspects of Sex Education other than those which are part of the science curriculum. Headteachers in primary schools must grant requests to withdraw a pupil from sex education, **other** than where it is part of the science curriculum.

The **National Science Curriculum** states that at Key Stage 2, children should learn:

• That life processes common to humans and other animals include nutrition, growth and reproduction

• About the main stages of the human life cycle.

Policy Statement

Westbourne Primary School aims to:

• Help pupils to respect themselves and others;

• Support pupils through their physical, emotional and moral development;

• Develop skills and understanding to enable pupils to make healthy responsible choices about their health and wellbeing;

• Help pupils move more confidently and responsibly into adolescence;

• Help pupils to learn about the full range of different relationships in modern Britain;

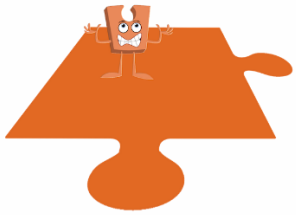
• Help pupils to keep themselves safe from inappropriate behaviour.

Coordination and Implementation

The Headteacher will oversee the planning of a programme of content for Relationships Education and ensure it is age appropriate, meets all statutory guidance and is taught well.

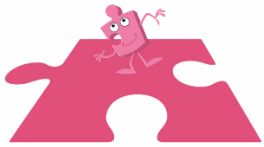
Along with most primary schools in Sutton, Westbourne Primary School follows the **Jigsaw PSHE scheme of work**. More information and programmes of study can be found at https://www.jigsawpshe.com/.

Jigsaw's Units of Work (Puzzles) are:



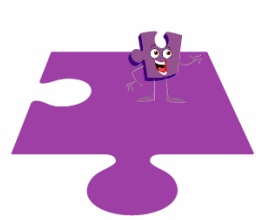
1. Being Me in My World

Includes understanding my place in the class, school and global community as well as devising Learning Charters.



2. Celebrating Difference

Includes anti-bullying (cyber and homophobic bullying included) and diversity work.



3. Dreams and Goals

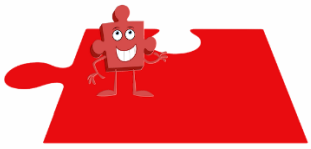
Includes goal-setting, aspirations for yourself and the world and working together.

4. Healthy Me

Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices.

5. Relationships

Includes understanding friendship, family and other relationships, conflict resolution and communication skills.



6. Changing Me

This puzzle includes sex and relationships education in the context of coping positively with change. (includes age-appropriate sex education)

Relationships Education is coordinated, monitored and assessed by the Personal, Health, Social and Economic (PSHE) coordinator and delivered through:

• Themes and topics;

• RE and Philosophy for children;

• The science curriculum;

• Pastoral, circle time and assemblies.

The Role of Parents

The school maintains and further builds a positive and supporting relationship with the parents of children through mutual understanding, trust and cooperation.

In promoting this objective, we:

• Inform parents about the school's relationship education policy and practice;

• Answer any questions that parents may have about the Relationships Education of their children;

• Inform parents about the best known practice regarding Relationship Education.

The school believes that, through this mutual exchange of knowledge and information, children will benefit from being given consistent messages about their changing bodies and their increasing responsibilities.

Parents should be aware that from September 2020, they will no longer have the right to withdraw their child from any part of our **Relationships Education** programmes.

Training

The Headteacher is responsible for organising the training of staff and assuring the quality of this training.

Staff will receive training that equips them with the knowledge and understanding to deliver Relationships Education lessons with sensitivity, in an age-appropriate context, whilst taking account of the religious and cultural beliefs of all the families and the wider school community.

SEND

Relationships Education and Health Education will be accessible for all pupils. Careful consideration has been given to planning teaching for pupils with special educational needs and disabilities. High quality teaching that is differentiated and personalised will be the starting point to ensure accessibility. Westbourne is mindful of the preparing for

adulthood outcomes, as set out in the SEND code of practice, when teaching these subjects to those with SEND.

The needs of our most vulnerable children will be considered carefully and a thorough and carefully implemented curriculum will reflect these needs.

Safeguarding

Teachers are aware that effective Relationships Education, which brings an understanding of what is and what is not appropriate in a relationship, can lead to a disclosure of a child protection issue. Teachers are expected to follow the normal safeguarding processes by consulting with the designated safeguarding lead any concerns and in their absence the deputy designated safeguarding lead.

Responsibilities

The following responsibilities apply in relation to this policy:

• The Trustees are responsible for evaluating the impact of the policy and for reviewing it annually to ensure compliance with statutory regulations;

• The Headteacher is responsible for implementing the policy and assuring high-quality in the teaching of relationships education.

Monitoring and Compliance

This policy will be monitored by the SMT/Trustees throughout the year and reviewed on an annual basis. It should be read in conjunction with the school's PSHE policy.

Next Review date: September 2023